



Effectiveness of the NCRP Fellowship Collaborative Didactic Series

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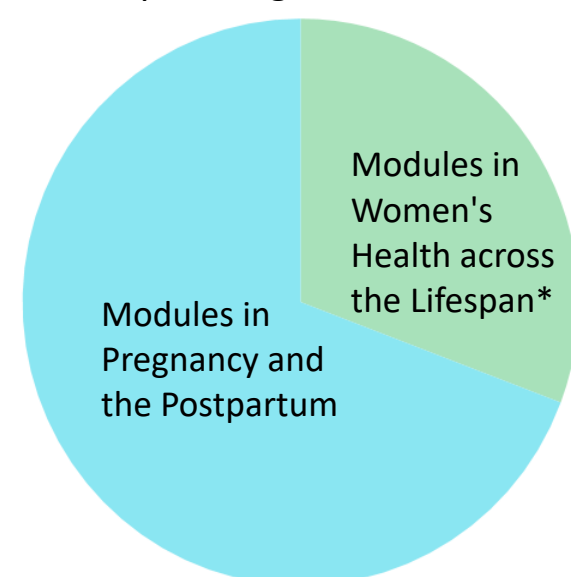
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Introduction

- The National Curriculum in Reproductive Psychiatry (NCRP) is an evidence-based peer-reviewed curriculum. We adapted the curriculum for trainees in consult liaison or reproductive psychiatry fellowships across the United States.
- The primary goals of this series are to:
 - Provide a comprehensive and advanced curriculum in reproductive psychiatry using the NCRP.
 - Build a community of learning and mentorship to foster continued growth of this field.

Methods

- 26 fellows from 15 institutions enrolled in consultation liaison (N=15) or reproductive psychiatry training (N=11) programs.
- Two separate cohorts participated in weekly meetings via Zoom technology from August 2021 thru May 2022.
- Individual sessions taught by NCRP faculty across the country.
- Utilized NCRP materials to cover all core knowledge areas of reproductive psychiatry.
- Additional “meet the experts” series, in which leaders in the field met with each cohort to discuss sentinel articles, current cases, and/or career planning.



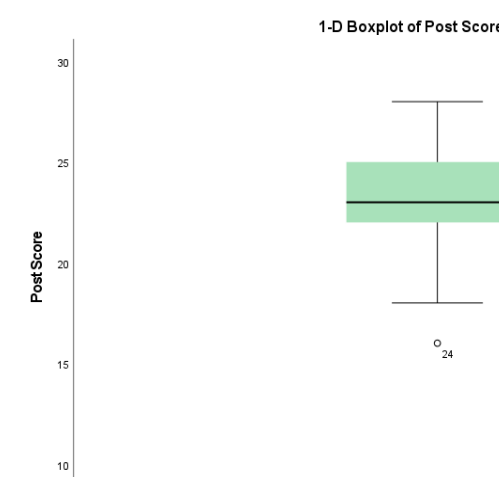
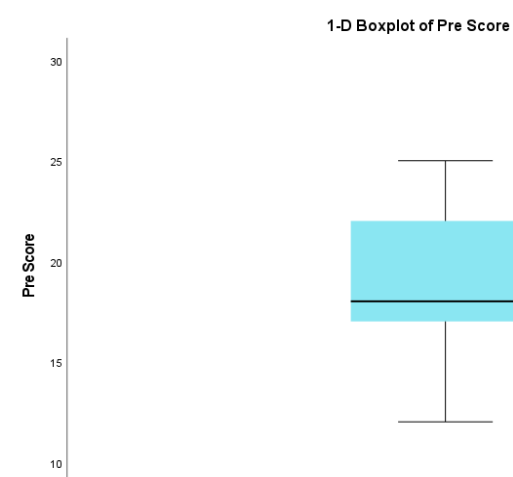
* Includes: menstrual cycle physiology as well as perimenstrual and perimenopause related mental health

Results

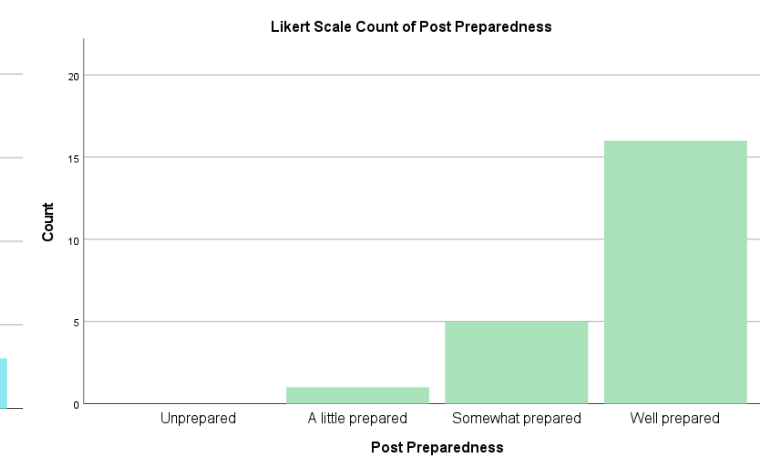
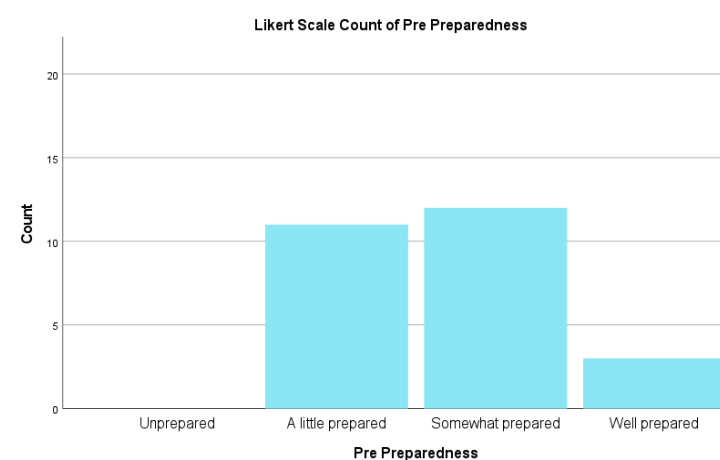
Demographics

	All Series Participants (n, %) (n=26)
Fellowship Type	
Consult Liaison	15 (57.7%)
Reproductive/Women's Mental Health	11 (42.3%)
Gender	
Female	23 (88.5%)
Male	3 (11.5%)

Pre-Score vs. Post-Score

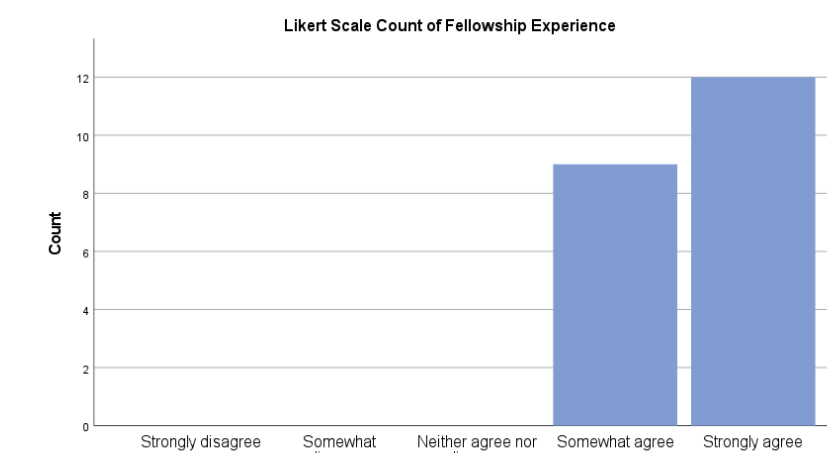


Pre-Preparedness vs. Post-Preparedness

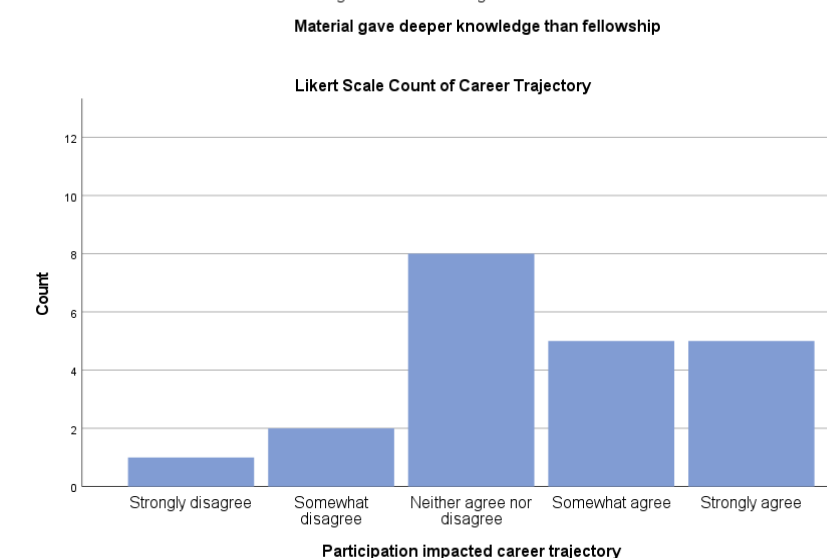
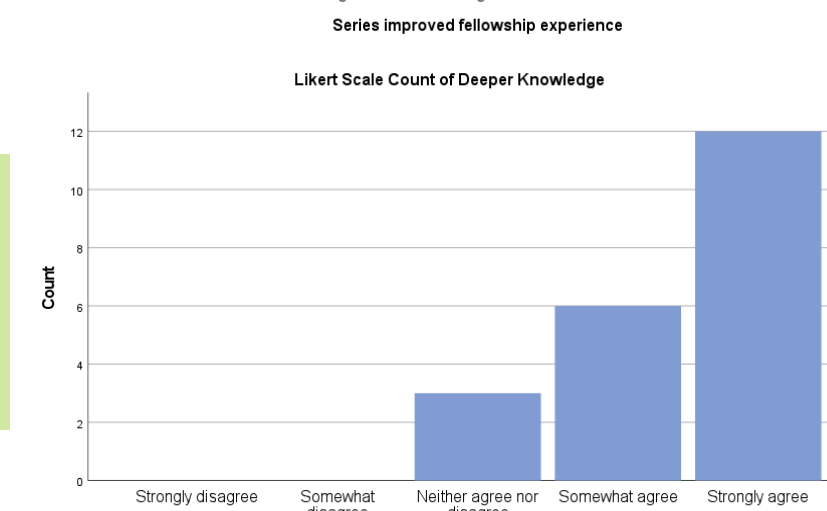


Participants (N=22) in the series had significant improvements on content questions (average 3.72-point increase on the knowledge test) ($p<0.001$) and felt significantly more prepared to treat pregnant women with mental illness ($p<0.001$) after participating in the series.

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Feedback from Fellows



Conclusions

The NCRP fellowship collaborative didactic series is effective at improving content knowledge in reproductive psychiatry and enhances fellowship training.