

Cleveland Clinic An APP-Run Lymphadenopathy Clinic: The Cleveland Clinic Experience

Christopher D'Andrea, PA-C, Brian T. Hill, MD, PhD

BACKGROUND

- Lymphadenopathy is a commonly identified sign/symptom with a highly variable clinical presentation and significance.
- The work-up and appropriateness for biopsy can be challenging given the extensive differential diagnosis associated with lymphadenopathy.
- Thus, In 2017 The Cleveland Clinic Taussig Center established an APP-Run Lymphadenopathy clinic to evaluate and manage patients with lymphadenopathy of unknown cause

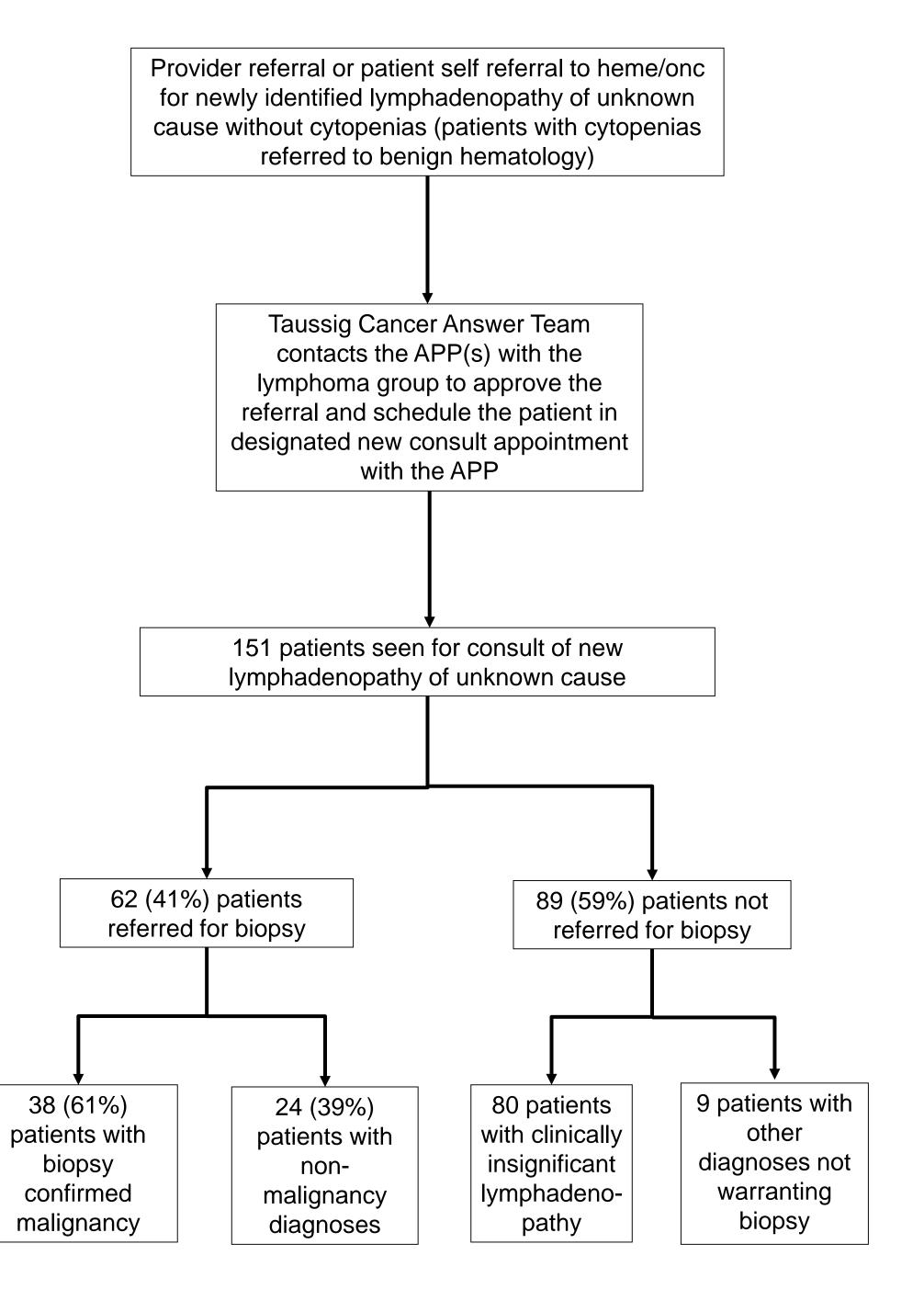
REFERRAL PROCESS & INCLUSION CRITERIA

- Consult to heme/onc for patients with newly identified lymphadenopathy of unclear cause. Patients with cytopenias were excluded and referred to benign hematology
- Taussig Cancer Answer Team contacts the APP(s) from the lymphoma team to review the case and approve the consult.
- Once the lymphoma APP approves the consult the patient is scheduled in a pre-designated new consult appointment with the APP

METHODS

- Prospective analysis of lymphadenopathy clinic consults from August 2017 – February 2022
- Primary data points were rate of biopsy referrals and diagnostic outcome following biopsy

BACKGROUND



RESULTS

Patients referred to lymphadenopathy clinic (August 2017 – February 2022)	Total Patients = 151
Patient Demographics	
Median Age, (range) in years	51.2 (18 – 89)
Male	82 (54.3%)
Female	69 (45.7%)
Race Caucasian Black / African American Other / declined to answer / data not available	119 (79%) 26 (17%) 6 (4%)
Lymphadenopathy Presentation	
Imaging for Acute Symptom Assessment	68 (45%)
Exam (self or provider)	48 (32%)
Incidental Finding	35 (23%)
Patients referred for tissue assessment (biopsy)	62 (41.1%)
Patients not referred for tissue assessment	89 (58.9%)

Patients referred for biopsy found to have non- malignant diagnosis (% of all patients referred for biopsy) (% of all lymphadenopathy consults)	Total patients = 24 (39%) (16%)
Non-Malignant Diagnoses	
Negative / Benign / Reactive Lymphoid tissue	12 (50%)
Follicular Hyperplasia	3 (12.5%)
Non-Caseating Granuloma / Sarcoidosis	3 (12.5%)
Castleman's Disease	1 (4%)
Dermatitis (skin biopsy)	1 (4%)
Granulomatous Inflammation	1 (4%)
IgG4 Related Disease	1 (4%)
Unknown	1 (4%)
Whipple's Disease	1 (4%)

RESULTS

Patients referred for biopsy found to have malignant diagnosis (% of all patients referred for biopsy) (% of all lymphadenopathy consults)	Total patients = 38 (61%) (25%)
Lymphoma	34 (89.5%)
Follicular Lymphoma, grade 1-2	11 (32%)
Chronic Lymphocytic Leukemia / Small Lymphocytic Lymphoma	8 (23%)
Diffuse Large B-Cell Lymphoma	4 (12%)
B-Cell Lymphoma, NOS	3 (9%)
Mantle Cell Lymphoma	2 (6%)
Anaplastic Large Cell Lymphoma	1 (3%)
Classical Hodgkin Lymphoma	1 (3%)
Follicular Lymphoma, grade 3A	1 (3%)
Marginal Zone Lymphoma	1 (3%)
Nodular Lymphocyte Predominant Hodgkin Lymphoma	1 (3%)
Peripheral T-Cell Lymphoma, NOS	1 (3%)
Other Malignant Diagnoses	4 (10.5%)
Cholangiocarcinoma	1 (25%)
Prostate Cancer	1 (25%)
Small Cell Lung Cancer	1 (25%)
Unknown Primary	1 (25%)

CONCLUSIONS

- Approximately 1 in 4 patients with lymphadenopathy were found to have a malignancy diagnosis, most frequently lymphoma (89.5%)
- Less than half of all patients were referred for biopsy (41%) but of the patients referred for biopsy the majority were found to have a malignancy (61%) vs nonmalignancy (39%) diagnosis indicating consistent high value biopsy referrals from experienced APPs
- Our lymphadenopathy clinic provides a valuable service for providers managing new cases of lymphadenopathy of unknown cause, and patients whose care can be expedited with heme/onc expertise. High volume referral centers may consider establishing a similar APP-run clinic