# Negative Pressure Wound Therapy With Instillation and Silicone Hybrid Drape Use in Complex Wounds: A Small Case Series Emily Greenstein, APRN, CNP, CWON, FACCWS; Comprehensive Wound Care, Sandford Health, Fargo, ND

#### Introduction

- Traditionally, negative pressure wound therapy with instillation and dwell time (NPWTi-d\*) is applied to the wound using foam dressings and an acrylic adhesive drape.
- However, the traditional drape is unable to be repositioned following initial placement and can be painful to remove at dressing changes.
- A new hybrid polyurethane drape with acrylic adhesive and a silicone perforated layer (hybrid drape<sup>†</sup>) has been developed for use.

### Purpose

• This 3-patient case series describes our initial use of NPWTi-d with hybrid drape.

#### Results

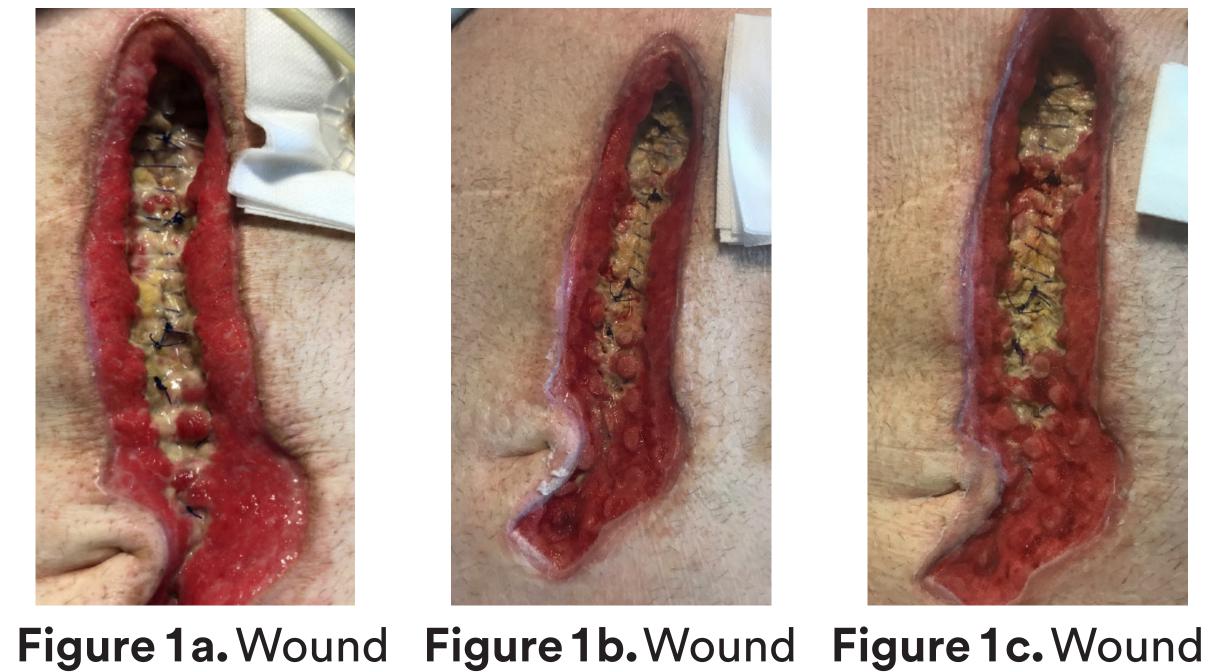
- The patients presented with exploratory laparotomy for necrotizing pancreatitis, trans-metatarsal amputation wound dehiscence, or necrotizing fasciitis (Table 1).
- The hybrid drape was able to be repositioned following the initial placement.
- No negative pressure or instillation solution leaks were observed with hybrid drape usage.
- Hybrid drape removal was easy with no patientreported pain at dressing changes compared to previous experience with traditional drape.
- Increased development of healthy granulation tissue was observed in the wound beds of all 3 patients.
- No periwound skin irritation was observed in any patient (Figures 1-3).

#### Cases

Case 1. A 65-year-old male presented for care following an exploratory laparotomy for necrotizing pancreatitis. The fascia was intact. NPWTi-d was initiated with instillation of 60 mL of 0.25% acetic acid for a dwell time of 5 minutes, followed by 3 hours of negative pressure at -100 mmHg.



at presentation



at day 3





at day 6

Cases (Cont'd)

Case 3. A 56-year-old female presented for care with necrotizing fasciitis to the left hip and buttocks Exposed tendon and muscles were observed and were protected with non-adherent dressings. NPWTi-d was initiated with instillation of 150 mL of saline for a dwell time of 10 minutes, followed by 3 hours of negative pressure at -125 mmHg.



Figure 3b. Wound at day 3

at presentation

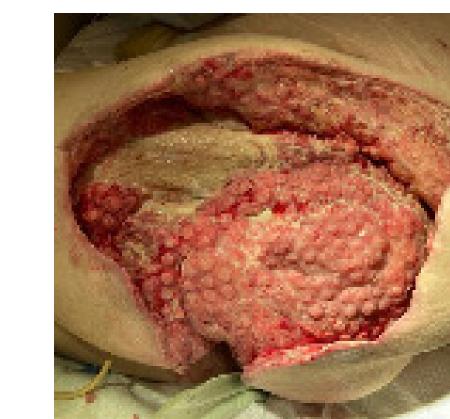


Figure 3c. Wound at day 7

Figure 3d. Wound at day 11

Table 1. Patient demographics

| Case | Age | Sex    | Wound Type  |
|------|-----|--------|---|
| 1    | 65  | Male   | Exploratory laparotomy for necrotizing pancreatitis |
| 2    | 29  | Male   | Transmetatarsal amputation wound dehiscence         |
| 3    | 56  | Female | Necrotizing fasciitis                               |

Case 2. A 29-year-old male presented for care with post transmetatarsal amputation with wound dehiscence. No exposed structures were found. NPWTi-d was initiated with 10 mL of normal saline instilled into the wound bed with a 5 minute dwell time, followed by 3 hours of negative pressure at -125 mmHg.



at presentation





Figure 2a. Wound Figure 2b. Wound Figure 2c. Wound after debridement at day 3

## Conclusions

- The hybrid drape application and removal was easier compared to previous experiences with traditional drape.
- In these 3 patients, use of NPWTi-d with hybrid drape resulted in increased development of granulation tissue in the wound bed without the loss of negative pressure seal, instillation solution leaks, or periwound skin irritation.

# Methods

- Three patients presented for care.
- Sharp debridement was performed and intravenous antibiotics were given, as necessary.
- Delicate structures were protected prior to NPWTi-d with hybrid drape application.
- NPWTi-d dressings<sup>‡</sup> were applied followed by hybrid drape application.
- Acetic acid (0.25%) or normal saline solution was instilled into the wound bed with a dwell time of 5-10 minutes, followed by 3 hours of negative pressure (-100) mmHg to -125 mmHg).
- Dressings were changed every 2-3 days.
- Wound healing and periwound skin condition were monitored.