

# Post-Covid Cholangiopathy: An Emerging Complication of COVID-19 Infection

Anupama Ancha, MD1; Apurva Modi, MD2

<sup>1</sup> Division of Internal Medicine, Department of Medicine, Baylor Scott & White Medical Center, Temple, Texas 76508 <sup>2</sup> Liver Consultants of Texas, Baylor Scott & White All Saints Medical Center, Fort Worth, Texas 76104

### Introduction

Post-COVID-19 Cholangiopathy is an emerging sequela of the coronavirus infection. Cases have been reported of a secondary sclerosing cholangitis (SSC) type picture presenting insidiously in severe COVID patients.

## **Case Description**

45-year-old female, with recent severe/complicated COVID infection presented with abnormal liver function tests (LFTs).

MRCP noted mild biliary dilation and intrahepatic biliary strictures. ERCP showed diffuse rarefaction of the left and right intrahepatic biliary branches.

Findings were consistent with SSC likely due to COVID.

LFTs normalized in 6 weeks with treatment of Ursodiol. MRCP 10 & 16 months later demonstrated significant improvement in intrahepatic biliary strictures.

Acute hepatitis panel, HIV,

ANA, anti-smooth

muscle antibody, and anti-

mitochondrial antibody were

negative.

Liver biopsy showed minimal

portal hepatitis with

prominent bile duct injury and

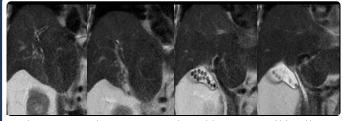
cholestasis with a few bile

infarcts.

## **Imaging**



ERCP with diffuse rarefaction of the left and right intrahepatic biliary branches



Subsequent MRCP with improvement in intrahepatic biliary strictures and biliary dilation

#### Discussion

Involvement of the digestive system has been noted in COVID with abdominal pain, nausea, vomiting, diarrhea and abnormal LFTs

Post-COVID cholangiopathy has emerged as a complication and has been characterized as a variant of secondary sclerosing cholangitis in critically ill patients (SSC-CIP)

SSC-CIP is distinguished from other hepatobiliary diseases by the persistence of cholestasis after recovery of other organ systems

Post-COVID cholangiopathy can be irreversible

Direct viral damage to the biliary epithelium through ACE2 receptors, inflammatory mediators, pharmacologic therapy, direct cytotoxic effects, focal hypoxia, and hypercoagulable state in COVID have been hypothesized as pathways for hepatobiliary damage

This case highlights Post-COVID cholangiopathy as a rare complication and to encourage work up of abnormal LFTs in the setting of Covid-19 infection

#### References

- Durazo FA, Nicholas AA, Mahaffey JJ, et al. Post-Covid-19 Cholangiopathy-A New Indication for Liver Transplantation: A Case Report. *Transplant Proc.* 2021;53(4):1132-1137. doi:10.1016/i.transproceed.2021.03.007
- Lee IC, Huo TI, Huang YH. Gastrointestinal and liver manifestations in patients with COVID-19. *J Chin Med Assoc*. 2020;83(6):521-523. doi:10.1097/JCMA.000000000000319
- Edwards K, Alison M, Ghuman S. Secondary sclerosing cholangitis in critically ill patients: a rare disease precipitated by severe SARS-CoV-2 infection. BMJ Case Rep. 2020 Nov 9:13(11):e237984| doi: 10.1136/bcr-2020-237984. PMID: 33168538: PMCID: PMC7654135.
- Klindt C, Jensen BE, Brandenburger T, et al. Secondary sclerosing cholangitis as a complication of severe COVID-19: A case report and review of the literature. Clin Case Rep. 2021:9(5):e04068. Published 2021 May 24. doi:10.1002/ccr3.4068