

Hepatocellular Carcinoma in a Non-Cirrhotic Patient Treated with Left Hepatic Trisegmentectomy: A Case Report

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Abstract

Hepatocellular carcinoma (HCC) is the 5th-most common cancer and the 3rd-most common cause of cancer-related mortality. Chronic liver disease is the most important risk factor for HCC and 80% of cases are in patients with cirrhosis. HCC has an insidious presentation in patients without cirrhosis and is often found incidentally. Herein, we present a case of a rare variant of HCC in a patient without cirrhosis and highlight its insidious nature as well as surgical treatment.

Case Presentation

- 68 yo man with history of HTN, HLD, DM, CAD
- Chief complaint: acute RUQ abdominal pain, not associated with any particular inciting event
- Liver profile, lipase, INR, basic labs unremarkable
- 1-year history of 20lb unintentional weight loss
- CT abdomen 1 year prior with single hyperdense lesion suspicious for hemangioma

Images

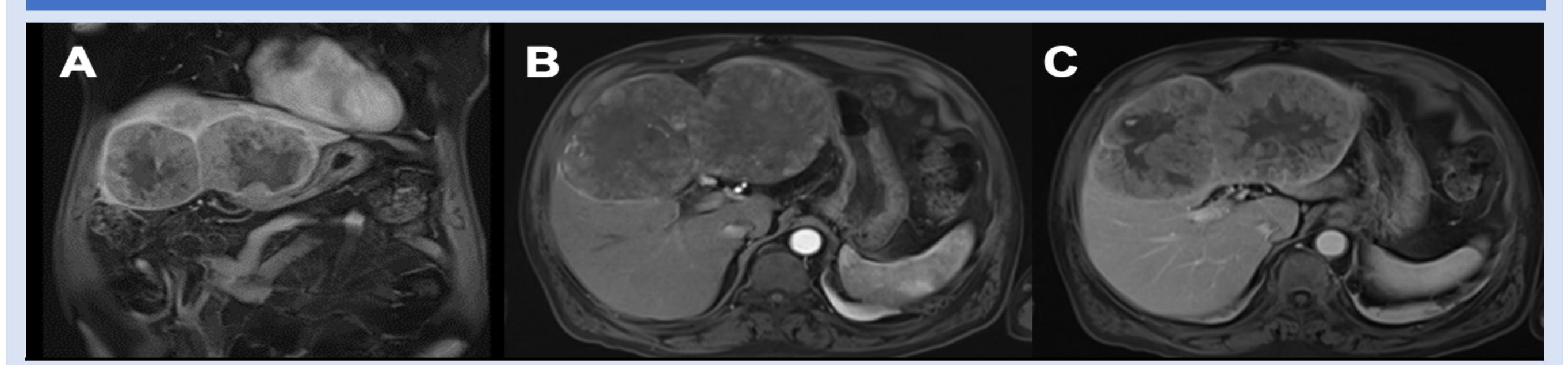


Figure 1: (A) Coronal and (B) axial arterial phase MRI through the abdomen demonstrating heterogeneously enhancing bi-lobed mass with non-enhancing central scar. (C) Axial portal venous phase MRI demonstrating portal venous washout with non-enhancing central scars in a bilobed mass.

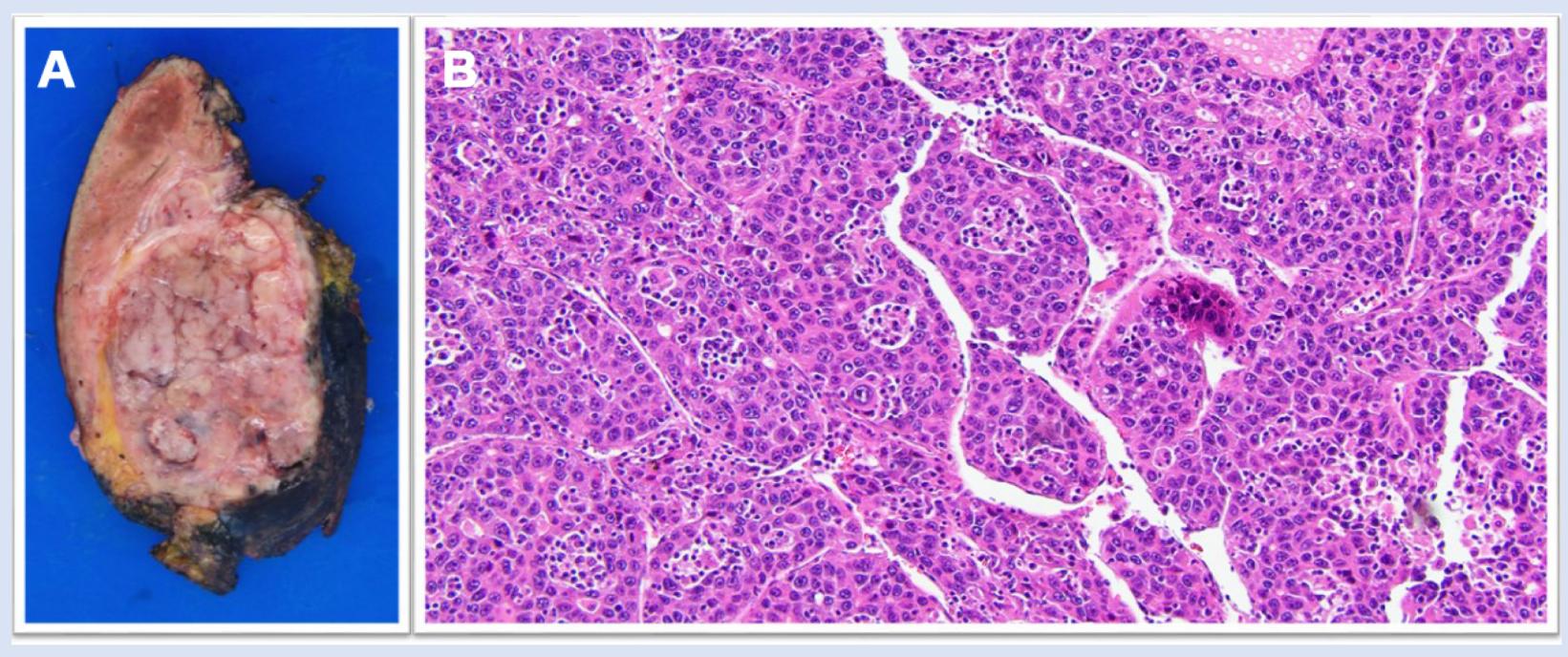


Figure 2: (A) Gross specimen demonstrating tumor. (B) Histology demonstrating macrotrabecular variant HCC.

Discussion

- Macrotrabecular-massive variant hepatocellular carcinoma (MTM-HCC) is an incredibly rare and aggressive subtype, reported in as few as 5% of HCC cases
- Histologically, MTM-HCC is characterized by trabecula >6 cells in thickness
- If residual liver volume is ≥40% of original, curative resection is recommended in non-cirrhotic HCC patients; unfortunately, recurrence rate is high
- For patients who have HCC recurrence without macrovascular invasion or extrahepatic spread, liver transplantation can be considered
- This case highlights the rarity of noncirrhotic HCC and benefit of multidisciplinary discussions to create individualized treatment plans

Clinical Course

Abdominal ultrasound with hepatomegaly and a heterogenous mass.

CT with contrast of the abdomen with a large mass involving segments 2, 3, 4, 5, and 8 measuring 19.8 cm in largest dimension.



MRI imaging concerning for fibrolamellar variant HCC without imaging findings suggestive of cirrhosis.

Chronic liver disease work-up negative, Alpha fetoprotein 150,000 ng/ml.



Biopsy of normal liver parenchyma excluded cirrhosis, yielded mild mixed vesicular steatosis (20%) and stage 2 fibrosis



hepatic trisegmentectomy.

Pathology consistent
with macrotrabecular-massive variant
of HCC with lymphovascular invasion

Multidisciplinary discussion took place

and patient underwent successful left