# Unexpected Outcome of Ischemia-Reperfusion Injury Following Liver Transplantation:



# A Case Series

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#### Abstract

Aim: In this case series, we report three cases of severe ischemia-reperfusion injury following liver transplantation with unexpected clinical course.

Cases Presentation: Three cases of patients with autoimmune hepatitis, alcoholic cirrhosis, and idiopathic liver cirrhosis were selected. All of them underwent liver transplantation. A few hours after the surgery, their liver enzymes started to rise to the thousands raising concern for ischemia-reperfusion injury. Patients received supportive care. After a few days of observation, liver enzymes started to decrease unexpectedly, reaching a normal level after a week and they gradually improved.

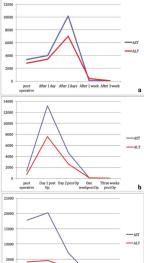
Conclusion: These cases highlight the importance of considering parameters such as the clinical picture and radiological findings before determining the outcome of ischemia-reperfusion injury following liver transplant.

## Introduction

- Severe ischemia-reperfusion injury is a deadly complication after liver transplantation that is characterized by a significant elevation of liver enzymes.
- It is usually complicated by severe organ dysfunction, rejection, and re-transplantation.
- In this case series, we report three cases of severe ischemia-reperfusion injury following liver transplantation with unexpected clinical course.

### Cases Presentation

- > Three cases of patients with a diagnosis of liver disease requiring transplant were identified.
- > The first case is a 32-year-old female who was diagnosed with autoimmune hepatitis that eventually progressed to cirrhosis. She required liver transplant due to multiple episodes of decompensation.
- > The second case is a 57-year-old female who was diagnosed with alcoholic cirrhosis requiring transplant for recurrent decompensated cirrhosis.
- > The third case is a 43-year-old male who was diagnosed with idiopathic cirrhosis after ruling out metabolic, viral, and autoimmune causes.
- > All of them underwent liver transplantation. A few hours after the surgery, their liver enzymes started to rise to the thousands raising concern for ischemia-reperfusion injury (Image 1).
- Patients remained clinically stable with reduced but preserved urine output and state of consciousness. Doppler-ultrasound of the graft revealed patent hepatic artery, hepatic vein, and portal vein. Therefore, the patients only received supportive care.
- > After a few days of observation, liver enzymes started to decrease unexpectedly, reaching a normal level after a week. The patients gradually improved, and their liver function remained stable upon follow-up after discharge from the hospital.



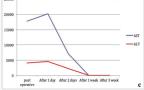


Image 1. Post-transplant AST and ALT levels in patient with autoimmune hepatitis (a), alcoholic cirrhosis (b), and liver cirrhosis of unknown origin (c)

#### Discussion

- > Severe ischemia-reperfusion injury is a deadly complication of liver transplantation. Liver function test abnormalities following liver transplantation are a hallmark of the clinical presentation. Upon diagnosis, the outcome is usually poor without re-transplantation.
- > In this study, we presented three cases of patients with increased LFTs following liver transplantation, who improved with supportive measures alone.
- > Although LFTs are commonly accepted as indicators of liver injury post-transplant, these cases highlight the importance of taking into account other parameters such as the clinical picture and radiological findings before determining the outcome of ischemia-reperfusion injury following liver transplant.

### Conclusion

- > These three cases highlight the importance of considering the overall clinical picture prior to determining the severity and management of ischemia-reperfusion injury following liver transplantation.
- In addition to liver function tests, assessing the hemodynamic status, kidney function, and neurological status is necessary to avoid unnecessary and invasive measures such as liver re-transplantation.

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