

INTRODUCTION

- In the past hydrogen peroxide was used for the management of meconium ileum and fecal impaction, and it was often used as a home remedy for constipation
- The use of hydrogen peroxide enemas was abandoned due to harmful effects such as colitis, stricture, and perforation.
- Chemical-induced proctitis can mimic presentation of other conditions such as ulcerative colitis, pseudomembranous colitis, and ischemic colitis.
- Here, we present a case of hydrogen peroxide-induced proctitis in a young male

CASE PRESENTATION

- A young male with no significant past medical history presented with hematochezia and loose stool for 3 days.
- Patient was in his usual state of health until he used hydrogen peroxide enema with unknown concentration for constipation and had receptive anal intercourse afterwards.
- The episodes of hematochezia were associated with tenesmus and suprapubic and left lower quadrant pain, but he denied perianal pain.
- He denied history of sexually transmitted disease, perianal itching, or discharge.



FIGURE 1: A) normal mucosa, distal descending B) sigmoid colon, erythematous mucosa with contact mucosal bleeding C) rectum, erythematous and friable mucosa



FIGURE 2: CT findings, thickening of the wall of the distal sigmoid colon and of the rectum. Perirectal straining was present.

- He denied history of arthritis, skin rash or oral ulcers.
- CT showed proctitis and distal sigmoid colitis.
- Patient underwent sigmoidoscopy which showed severe, diffuse colitis seen in the distal rectosigmoid and in the rectum.
- Histopathological examination showed polypoid colonic mucosa with hyperplastic changes.
- Patient had clinical improvement with mesalamine enema.

DISCUSSION

- It's unclear if anal intercourse after the administration of hydrogen peroxide was linked to pathogenesis of proctitis in this case.
- Clinical manifestations of hydrogen peroxide-induced proctitis range from self-limited colitis to strictures and perforation, which can lead to other serious complications
- The pathogenesis is mainly from corrosive damage, secondary to penetration of the chemical with subsequent formation of oxygen.
- Most patients recover with conservative therapy.

CONCLUSION

- Endoscopic and CT findings of hydrogen peroxide-induced colitis can mimic other types of colitis including pseudomembranous colitis, ulcerative colitis, and ischemic colitis.
- Therefore, obtaining detailed, pertinent history is critical to make a right diagnosis.

CONCLUSION

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