

## A Case Series Of Combined Portal Vein Recanalization And Transjugular Intrahepatic Portosystemic Shunt Placement In Cirrhotic Patients

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Results

Cirrhotics with TIPS+ recanalization

#### Background

- Portal venous thrombus (PVT) occurs in an estimated 10-25% of cirrhotics.<sup>[1]</sup>
- PVT can worsen portal hypertension and be a contraindication to liver transplant (LT).
- Portal venous recanalization (PVR)
   procedure after transjugular intrahepatic
   portosystemic shunt placement (TIPS) can
   be applied to restore venous patency.

#### Aim

 We examined the utility of PVR following TIPS in a cirrhotic cohort with PVT.

#### Methods

Retrospective review (1/2011-11/2021):

Patients with cirrhosis and combined TIPS with PVR



#### Data Collected

 Demographics etiology of cirrhosis, hepatic decompensations, and anticoagulation use.
 graphics, MELD



#### Outcome Variables

re-thrombosis rate, post procedure bleeding, mortality, and liver transplant

Patient Data	
n	12
Average age	59.58 ± 11.82
Average BMI	31.64 ± 7.35 kg/m <sup>2</sup>
	NASH 50%, EtOH 17%, other
Etiology	25%
Ascites	75%
Prior EVH	50%
HE	50%
Pre-procedure MELD	14.41 ± 3.11
Post-procedure MELD 1mo	16.44 ± 6.21
Post-procedure MELD 3mo	13 ± 2.94
Post Procedure AC	33%
Transplant candidacy	2 patients

No anticoagulation

(N=8)

2/8 re-thrombosis

3/8 death

1 listed

bleeding event

### Patients undergoing TIPS at a tertiary care academic medical center (N= 54) Exclusion criterion (N= 42)

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No recanalization completed
Non-cirrhotic

# Discontinued DOAC (N=1) Bleeding event 1/1 DOAC continued (N= 3)

Re-thrombosis 1/1

Death 1/1

DOAC used

(N=4)

#### Conclusion

0 Re-thrombosis events

No bleeding events

- PVR followed by TIPS placement is an option for cirrhosis patients with PVT
- Our data indicate that rethrombosis rate post-procedure was 25% overall, but 0% on DOAC therapy
- Re-establishment of portal vein patency and flow may facilitate listing patients for LT
- Further study is needed with a larger sample size and more outcomes such as LT