

# Impact of Inflammatory Burden on Efficacy of Upadacitinib Maintenance Therapy in Ulcerative Colitis: Results From the Phase 3 U-ACHIEVE Study

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## OBJECTIVE

To investigate whether the extent of inflammatory burden in patients with moderately to severely active ulcerative colitis (UC) affects the efficacy of maintenance doses of upadacitinib (UPA)

## CONCLUSIONS

Regardless of inflammatory burden, both UPA maintenance doses were efficacious in the achievement of clinical remission and endoscopic improvement compared with placebo

There were greater differences in all efficacy endpoints between UPA 30 mg and UPA 15 mg in patients with high inflammatory burden vs patients without, except for endoscopic improvement in patients with pancolitis

Patients with a high inflammatory burden from UC may have a greater benefit from UPA 30 mg than UPA 15 mg, compared with patients without high inflammatory burden

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## References

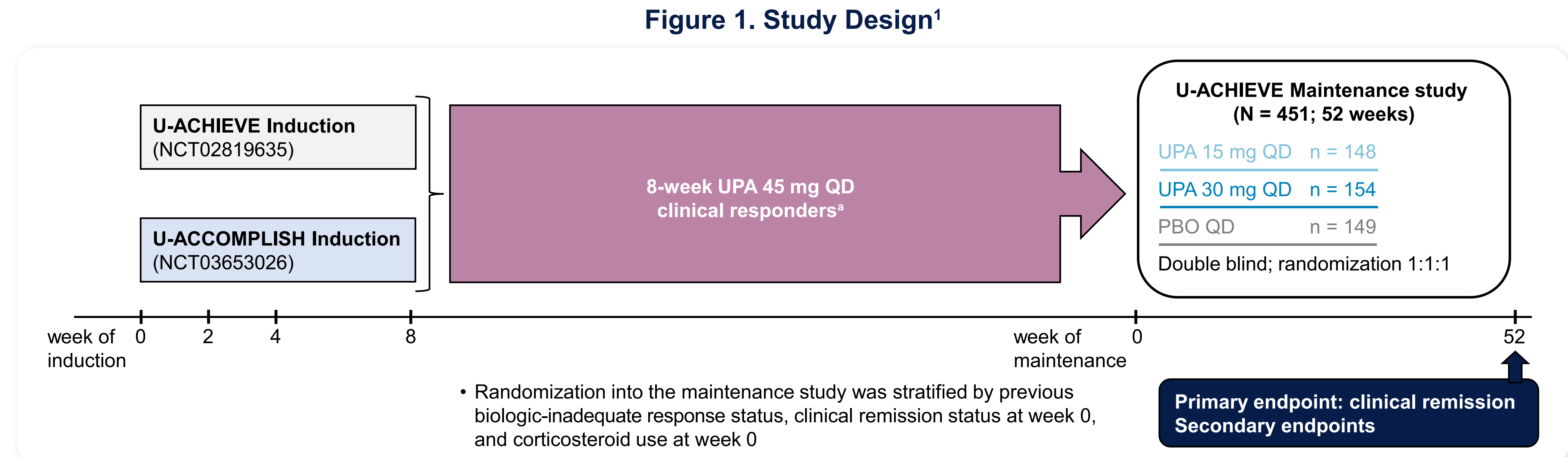
1. Panaccione R, et al. Presented at UEGW 2019 Abstract OP169.
2. Durnesi S, et al. *Lancet*. 2022;399:2113-2123.

## INTRODUCTION

- Patients with severe disease, pancolitis, and/or extraintestinal manifestation(s) may be considered by physicians to have a high inflammatory burden
  - Evidence suggests that patients with UC who have a high inflammatory burden may respond differently to certain maintenance regimens compared with patients with a lower burden<sup>1</sup>
- UPA, an oral selective and reversible Janus kinase inhibitor, has demonstrated superior efficacy to placebo (PBO) and a well-characterized safety profile in patients with moderately to severely active UC in a Phase 3 program, including 2 induction trials (U-ACHIEVE Induction and U-ACCOMPLISH) and a maintenance trial (U-ACHIEVE Maintenance) in which 2 maintenance doses of UPA (30 mg and 15 mg once daily [QD]) were evaluated<sup>2</sup>
- There is limited evidence of the impact of inflammatory burden on the efficacy of the 2 evaluated UPA maintenance doses

## METHODS

- Patients who achieved clinical response following 8-week UPA 45 mg QD induction treatment in U-ACHIEVE Induction and U-ACCOMPLISH were re-randomized 1:1:1 to UPA 15 mg QD, UPA 30 mg QD, or PBO in U-ACHIEVE Maintenance for up to 52 weeks (Figure 1)
- Efficacy data for each dose were evaluated by the 3 measures of inflammatory burden identified as significant: baseline Full Mayo score >9 vs ≤9, presence of pancolitis at baseline (yes vs no), and presence of ≥1 extraintestinal manifestation at baseline (yes vs no)
- Outcomes included the proportion of patients achieving clinical remission at week 52 per Adapted Mayo score (primary endpoint; defined in Figure 2) and endoscopic improvement at week 52 (key secondary endpoint; defined in Figure 3)
- Data presented are descriptive, with no significance testing performed for differences between UPA 30 mg and UPA 15 mg



PBO, placebo; QD, once daily; RBS, rectal bleeding subscore; UPA, upadacitinib.  
 \*Clinical responders were defined as patients who achieved clinical response per Adapted Mayo score (a decrease in Adapted Mayo score of ≥2 points and ≥20% from baseline, and a decrease in the RBS of ≥1 point or an absolute RBS of ≤1) at the end of the 8-week induction period.

## RESULTS

### Patient Population

- Overall, 451 patients (PBO: n = 149, UPA 15 mg: n = 148, and UPA 30 mg: n = 154) were analyzed
- Baseline demographics and clinical characteristics of patients in the U-ACHIEVE Maintenance study were generally similar across treatment groups (Table 1)

Table 1. Demographics and Clinical Characteristics at Baseline

Variable	PBO (n = 149)	UPA 15 mg QD (n = 148)	UPA 30 mg QD (n = 154)
Female	64 (43)	53 (36)	68 (44)
Age, years, median (range)	40 (17–75)	40 (21–75)	41 (17–76)
Disease duration, years, mean (SD)	9 (8)	9 (8)	8 (8)
Weight, kg, mean (SD)	72 (18)	74 (21)	73 (21)
Disease extent			
Left-sided	79 (53)	66 (45)	68 (44)
Extensive/pancolitis	70 (47)	82 (55)	86 (56)
Baseline Full Mayo score			
≤9	74 (50)	75 (51)	73 (47)
>9	75 (50)	73 (49)	79 (51)
Presence of ≥1 EIM at baseline			
Yes	37 (25)	36 (24)	41 (27)
No	112 (75)	112 (76)	113 (73)
Fecal calprotectin, mg/kg, median (range)	1991 (30–28,800) <sup>a</sup>	1718 (30–28,800) <sup>b</sup>	1465 (30–28,800) <sup>c</sup>
hsCRP, mg/L, median (range)	4 (0.2–105)	4 (0.2–83)	4 (0.2–107)
Baseline aminosulicylates use	99 (66)	99 (67)	106 (69)
Baseline CS use	60 (40)	55 (37)	57 (37)
Prior anti-TNF use	72 (48)	68 (46)	69 (45)
Biologic-IR	81 (54)	71 (48)	73 (47)
Number of biologics ≤1	24 (30)	26 (37)	26 (36)
Number of biologics >1	57 (70)	45 (63)	47 (64)

CS, corticosteroids; EIM, extraintestinal manifestation; hsCRP, high-sensitivity C-reactive protein; IR, inadequate responder; PBO, placebo; QD, once daily; SD, standard deviation; TNF, tumor necrosis factor; UPA, upadacitinib. Data are n (%), unless otherwise specified.  
<sup>a</sup>n = 127; <sup>b</sup>n = 130; <sup>c</sup>n = 126.

## RESULTS CONTINUED

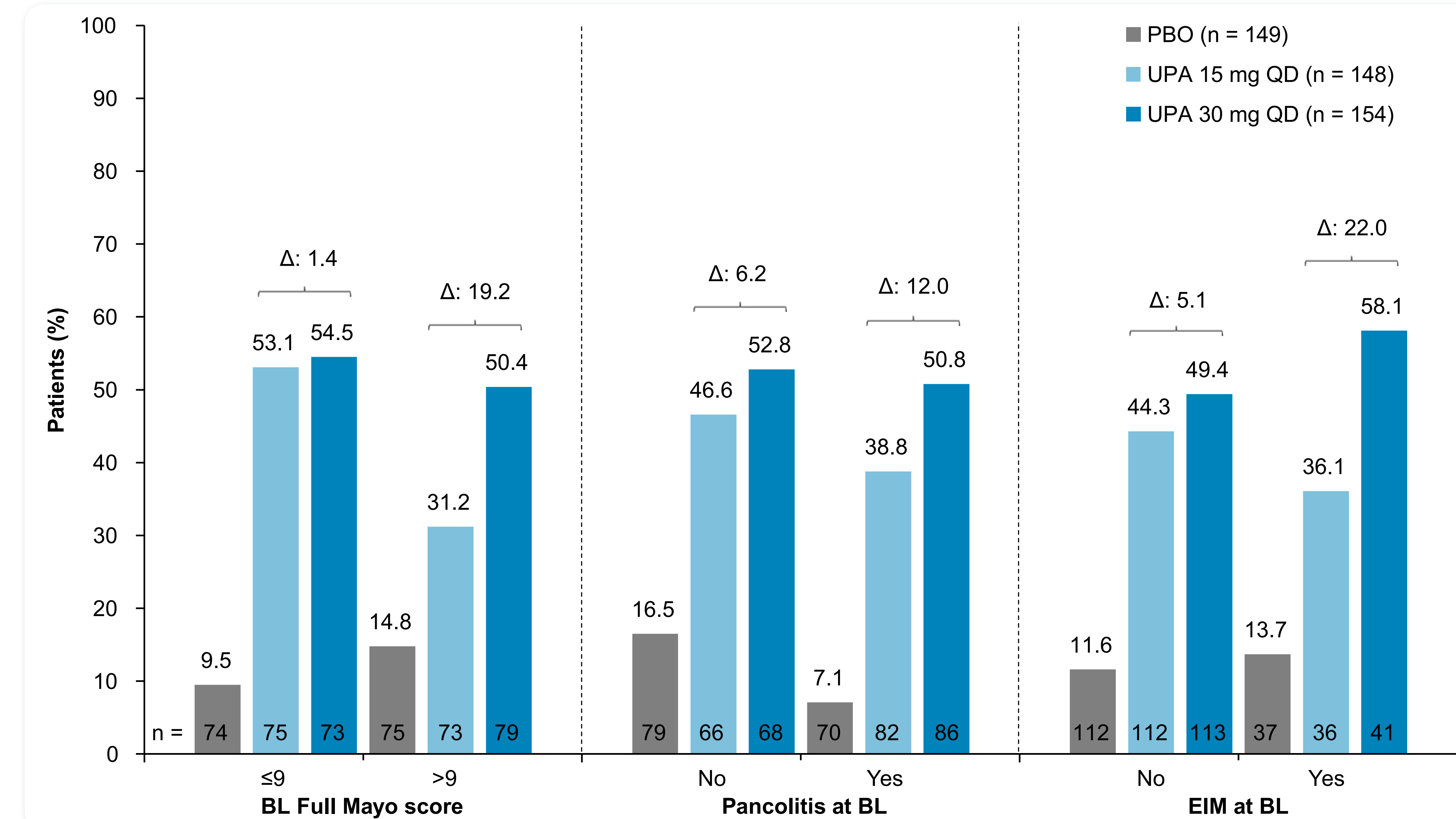
### Efficacy

- Differences in the proportions of responders who achieved clinical remission (per Adapted Mayo score) at week 52 with UPA 30 mg vs UPA 15 mg were greater in patients with a high inflammatory burden (difference range: 12.0–22.0%) vs patients without a high inflammatory burden (difference range: 1.4–6.2%) (Figure 2)
- A similar pattern was seen for the proportion of patients achieving endoscopic improvement at week 52 (high inflammatory burden [difference range: 12.0–26.1%] vs patients without a high inflammatory burden [difference range: 0.2–14.1%]) (Figure 3)
- However, there were similar differences between UPA 30 mg and UPA 15 mg in patients with (12.0%) or without (14.1%) high burden of pancolitis achieving endoscopic improvement at week 52

### Limitations

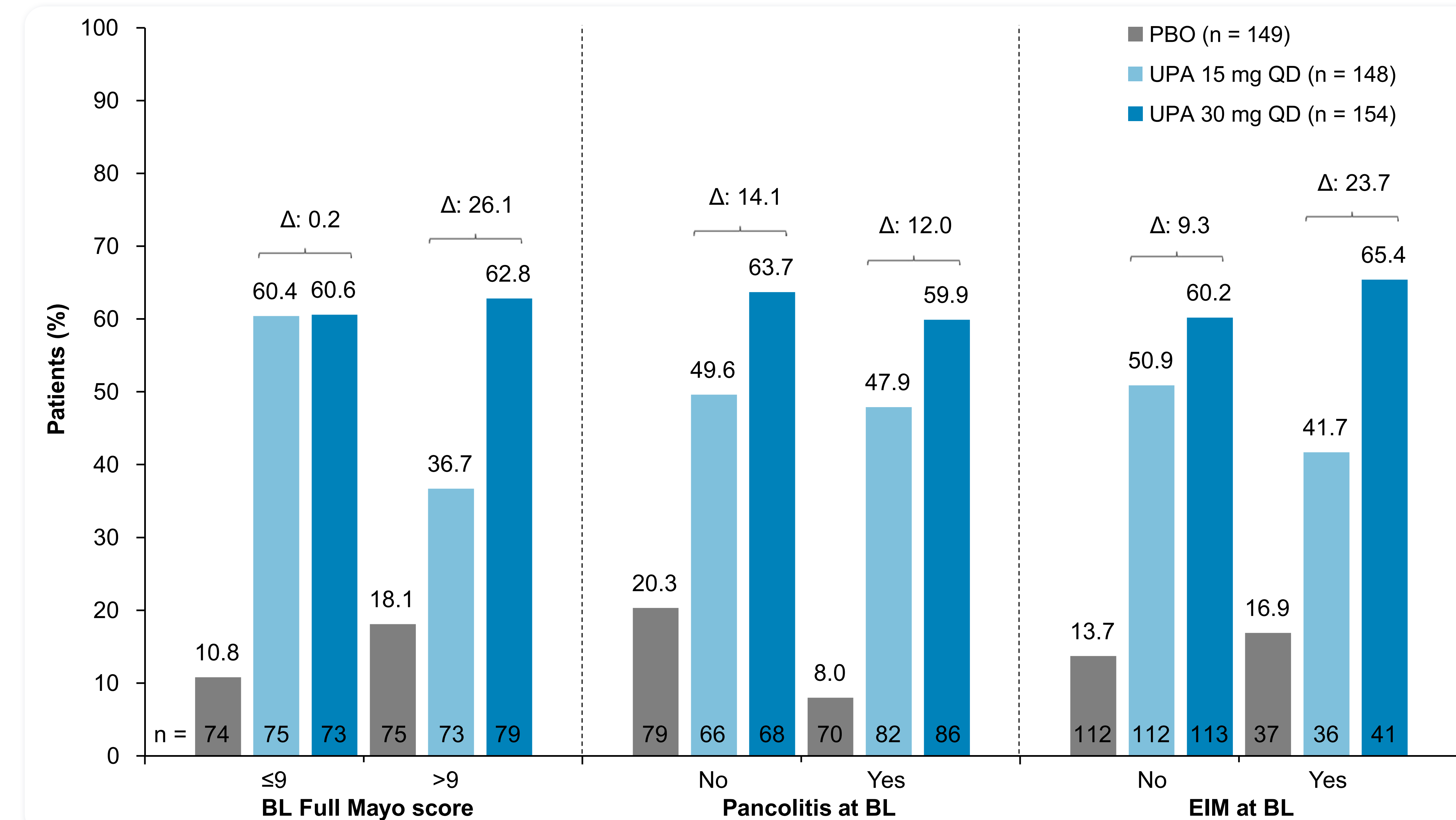
- These results should be interpreted with respect to the following limitations:
  - Results are descriptive in nature only
  - The sample size is small in some subgroups

Figure 2. Clinical Remission<sup>a</sup> at Week 52 per Adapted Mayo Score



Δ, difference; BL, baseline; EIM, extraintestinal manifestation; ITT, intent-to-treat; PBO, placebo; QD, once daily; UPA, upadacitinib. Data are from the ITT population, defined as the first 450 randomized and treated patients with 8-week UPA 45 mg QD induction treatment who were enrolled in Cohort 1 under the protocol for the 52-week maintenance treatment period. The actual number of patients in the analysis was 451 due to the same enrollment date of the 450th and 451st patients. Non-responder imputation incorporating multiple imputations was performed to handle missing data due to COVID-19. The difference between UPA 30 mg and UPA 15 mg was not part of the predefined statistical analyses. <sup>a</sup>Adapted Mayo score ≤2, with stool frequency subscore ≤1 (and not greater than induction baseline), rectal bleeding subscore = 0, and endoscopic subscore ≤1 without therapy.

Figure 3. Endoscopic Improvement<sup>a</sup> at Week 52



Δ, difference; BL, baseline; EIM, extraintestinal manifestation; ITT, intent-to-treat; PBO, placebo; QD, once daily; UPA, upadacitinib. Data are from the ITT population, defined as the first 450 randomized and treated patients with 8-week UPA 45 mg QD induction treatment who were enrolled in Cohort 1 under the protocol for the 52-week maintenance treatment period. The actual number of patients in the analysis was 451 due to the same enrollment date of the 450th and 451st patients. Non-responder imputation incorporating multiple imputations was performed to handle missing data due to COVID-19. The difference between UPA 30 mg and UPA 15 mg was not part of the predefined statistical analyses. <sup>a</sup>Endoscopic subscore ≤1 without therapy.