

Prevalence of (EoE) Eosinophilic Esophagitis in Hispanic Children and Young Adults in South Florida

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Introduction

- EoE is a chronic Th-2 mediated disease of eosinophil infiltration of esophageal mucosa which can present with symptoms of dysphagia
- Prevalence rates of EoE among Hispanic/Latino populations from the US and Spain/Latin America are conflicting, with a wide range from 8.7 to 111.9 cases/100,000 people, respectively, with median of 53.4
- Our aim was to study epidemiology of EoE from Allergy/GI clinics in South Florida/Miami area, which has a diverse socioeconomic and multicultural Hispanic population

Methods

- 5-yr chart review of biopsy proven (≥ 15 eos/hpf) EoE patients who had been referred to Allergy / GI for testing and endoscopy due to chronic symptoms

EoE Patients with Allergy evaluation

- Atopic Comorbidity: 85%
(asthma, atopic dermatitis, food allergy, rhinitis)
- Atopic Family History: 66%
- Allergen Sensitization:
food 86% and environment 81%

- The Prevalence of EoE in South Florida Hispanics is similar to that of Caucasians
- Home zip codes with highest EoE prevalence among Hispanics are among those with the highest median incomes in South Florida
- EoE diagnosis was found to be increasing in biopsies of atopic males with abdominal pain and dysphagia
- This elevated EoE prevalence among Hispanics is unique in the US literature

References:

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McGowan EC, et al. Prevalence and US Geographic Distribution of Pediatric EoE. *J Allergy Clin Immunol Pract* 2020; 8(8):2796-8.
Arias A, et al. Incidence and Prevalence of EoE increase continuously in adults and children in Spain. *Dig Liver Dis* 2019;51:55-62.
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Study Results

Total Patients: 227 Mean Age: 12 \pm 5yrs (3-27yrs)

Male/Female: 168/59 (74%)

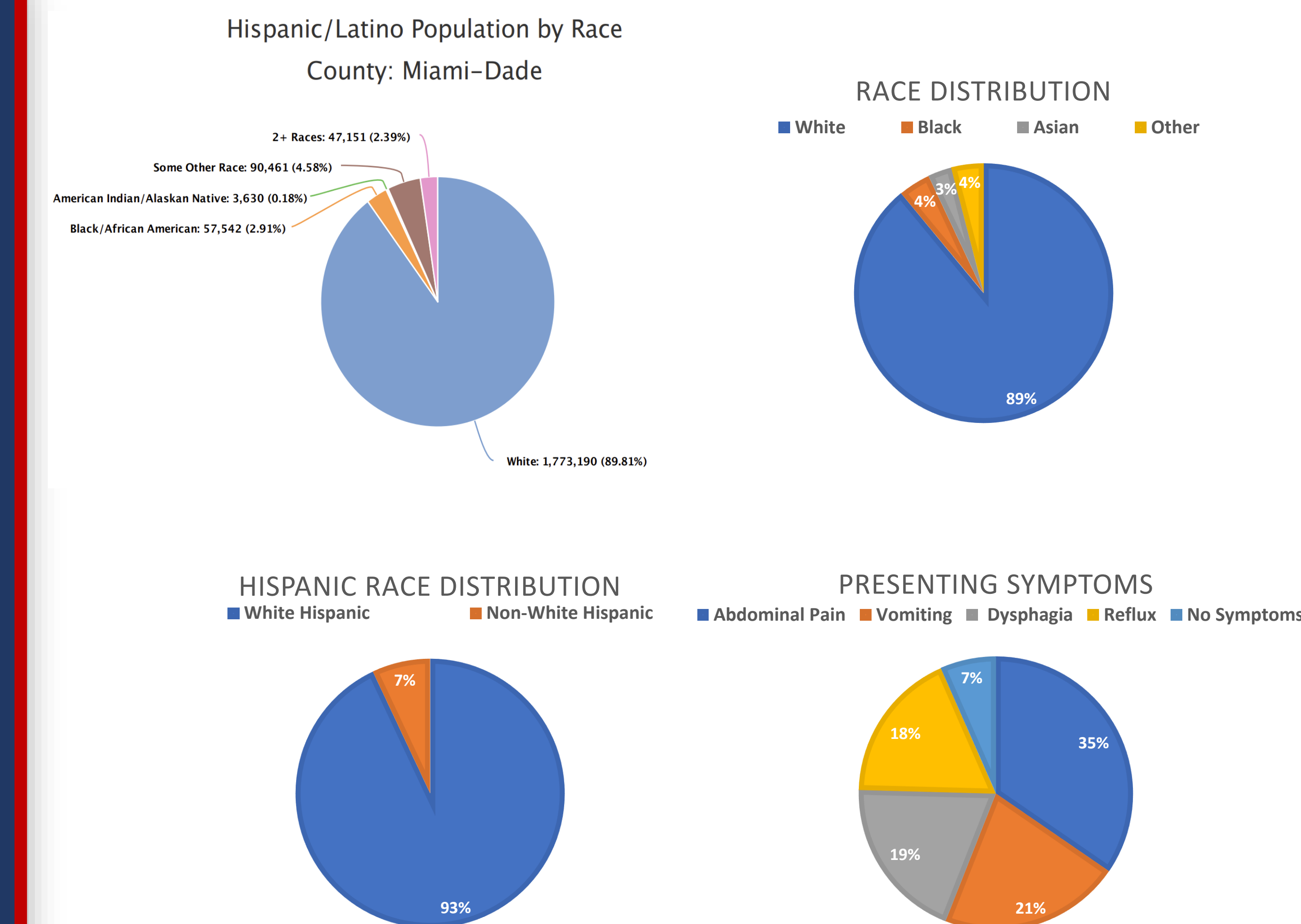
Race: White 203, Black 9, Asian 7, Other 9

Ethnicity: Hispanic 195 (86%)

Non-Hispanic 32 (14%)

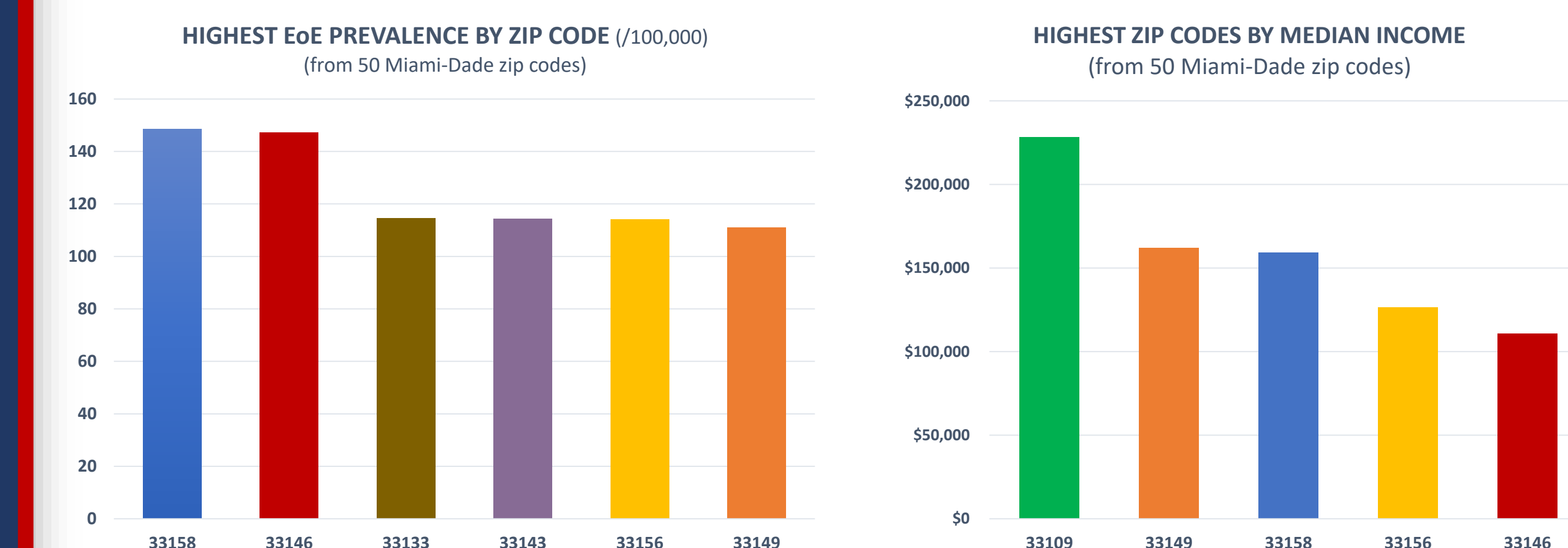
White Hispanic 181 (93%), Non-White Hispanic 14

Mean Peak Eos biopsy count: 58/hpf (15-320)



EoE Prevalence in Hispanics: 54.4 / 100,000
for age-matched population for 50 Miami zip codes

Insurance coverage: Commercial 55%
Medicaid 45%



Mean Time to EoE diagnosis: 21 months

PPI Non-Responders: 84% as per patient report

Mean Serum Eos count: 433 cells/mcL (62-896)

Mean Total IgE count: 243 kU/L (28-540)