

Endoscopic Retrograde Cholangiopancreatography-Guided Gallbladder Drainage is Superior to Percutaneous Cholecystostomy as Bridging Therapy to Cholecystectomy in Acute Cholecystitis

Swethaa Manickam, Hassam Ali, Rahul Pamarthy, Shiva Poola, Prashant Mudireddy

East Carolina University

BACKGROUND

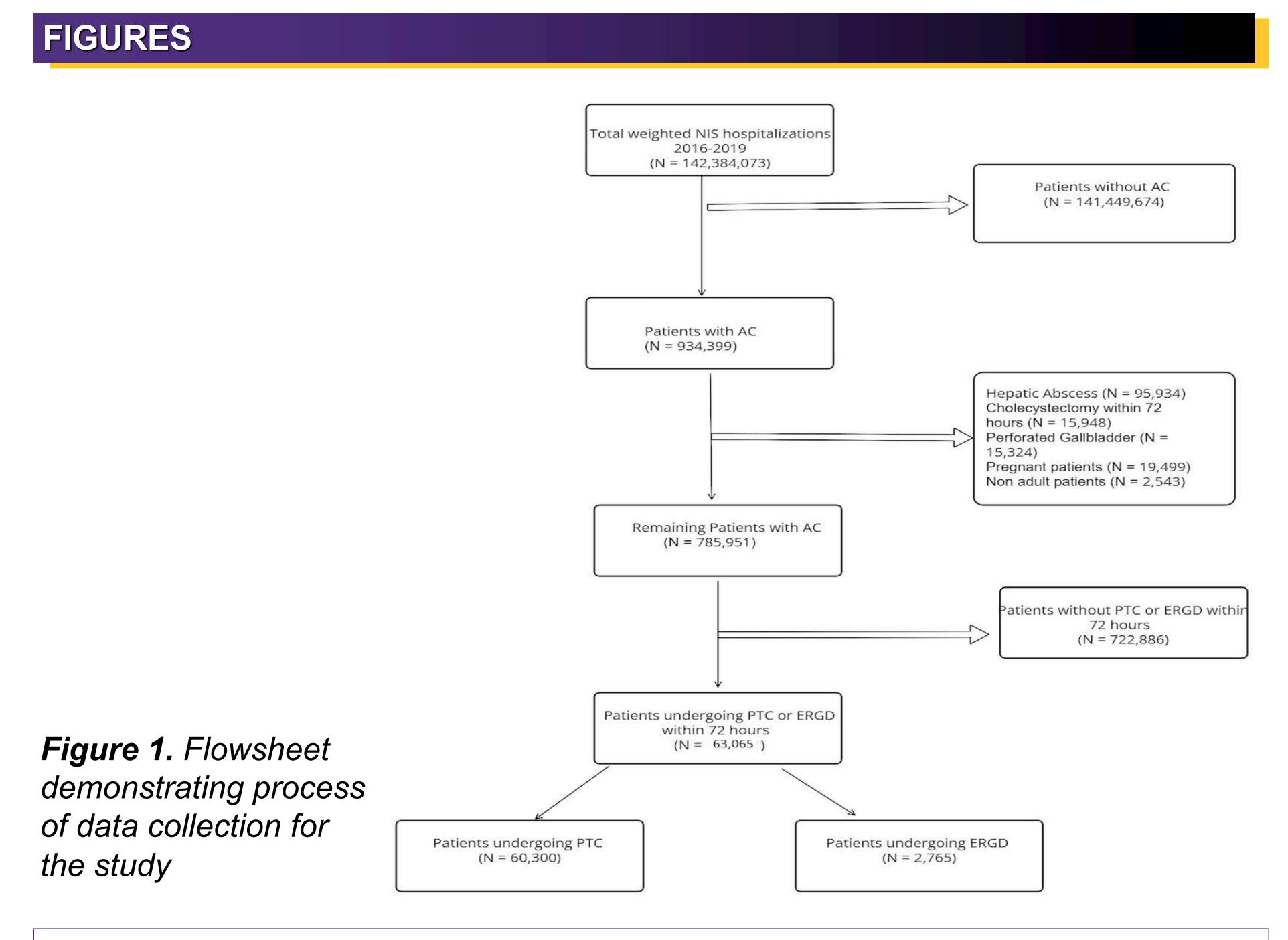
In patients presenting with acute cholecystitis (AC), ERCP-guided gallbladder drainage (ERGD) is an alternative to percutaneous cholecystostomy (PTC) as select patients may not be candidates for index cholecystectomy. We intended to compare the outcomes of ERGD to PTC in inpatient US population.

METHODS

- Retrospectively analyzed AC patients using the National Inpatient Sample database between 2016 and 2019.
- The primary outcome was the length of stay (LOS), mean inpatient cost (MIC), and mortality between the two groups.
- Secondary outcomes included the open cholecystectomy risk and complication rate.
- Exclusion criteria included cholecystectomy within the first three days of admission, no cholecystectomy, gallbladder perforation, hepatic abscess, or pregnancy.
- Patients were excluded if they underwent ERCP but no stenting or transpapillary gallbladder drainage was performed (Figure 1).

Contact

Swethaa Manickam
Department of Internal medicine
East Carolina University
Greenville, North Carolina 27858
Manickamsw21@ecu@ecu.edu



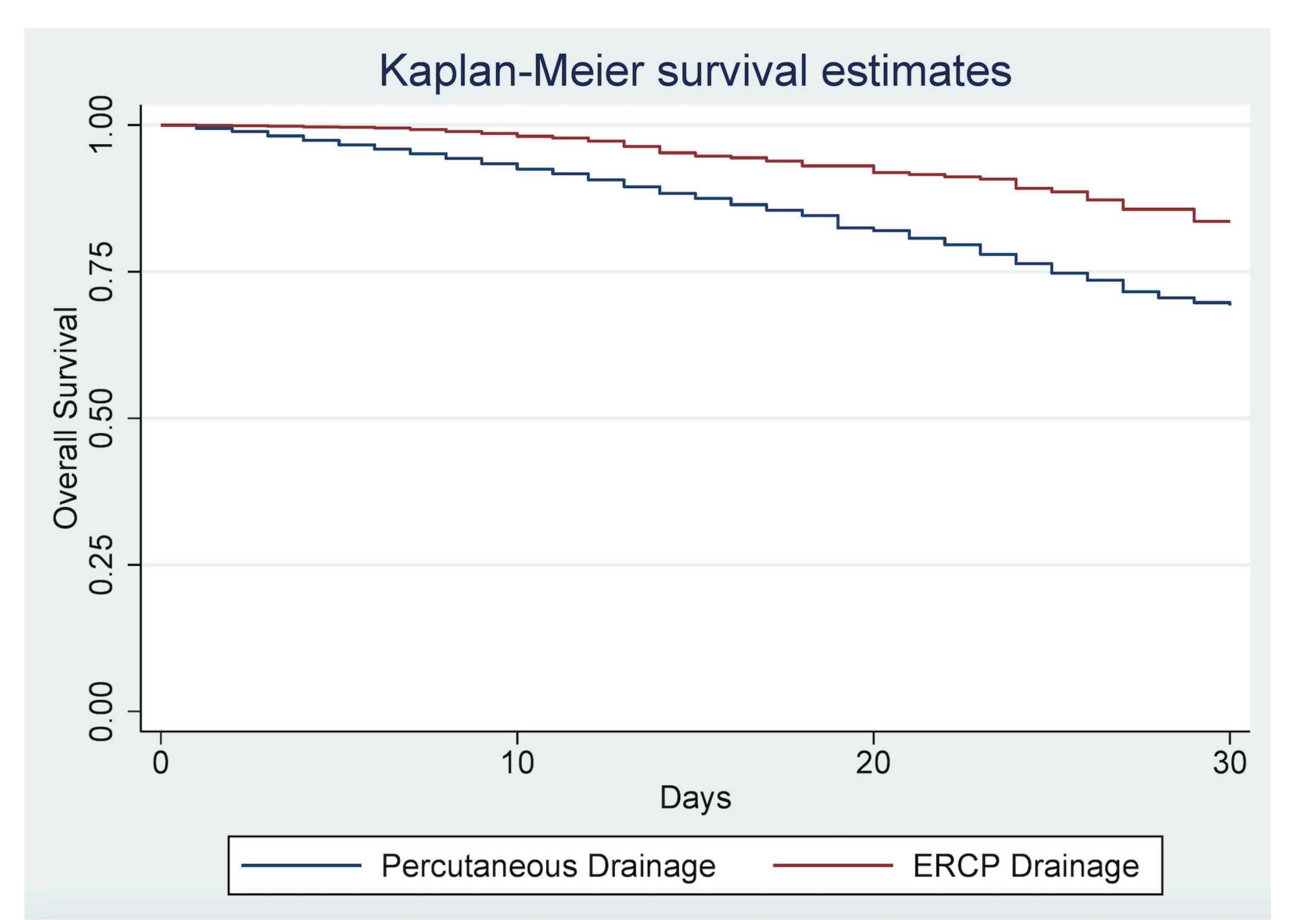


Figure 2. Kaplan-Meier Curve showing the survival estimates for patients undergoing percutaneous drainage versus those that underwent ERCP drainage

RESULTS

- Out of 63,065 hospitalizations, 95.6% underwent PTC, and 4.4% underwent ERGD.
- Mean LOS in those who underwent PTC was 7.63 ± 0.07 days, while the LOS in patients who underwent ERGD was 5.89 ± 0.11 days (P < 0.001).
- The MIC of patients with PTC was \$89982 ± 1170 and in ERGD was \$91131 ± 1190 (P < 0.001).
- In patients who underwent ERGD compared to PTC there was 88% decrease in allcause 30-day mortality (P < 0.001)
- There was a 87% decreased association with conversion to open cholecystectomy in patients who underwent ERGD (P < 0.001).
- There was a lower association of blood transfusion (P < 0.001), AHRF (P < 0.001), ARF (P < 0.001) and hypovolemia (P < 0.001).
- Higher association of Choleperitonitis with EGRD compared to PTC (P < 0.05).
- No significant association between ileus, shock, SBO, and LGIB with ERGD or PTC.

CONCLUSION

ERGD is a safer alternative to PTC in patients with AC awaiting cholecystectomy. The mortality and risk of complications are lower in ERGD compared to PC, with a lower risk of conversion to open cholecystectomy as well.

REFERENCES

- 1. Sobani ZA, Ling C, Rustagi T. Endoscopic Transpapillary Gallbladder Drainage for Acute Cholecystitis
- Ogura T, Higuchi K. Endoscopic ultrasound-guided gallbladder drainage: Current status and future prospects
- 3. Itoi T, Coelho-Prabhu N, Baron TH. Endoscopic gallbladder drainage for management of acute cholecystitis.
- 4. McCarty TR, Hathorn KE, Bazarbashi AN, Jajoo K, Ryou M, Thompson CC. Endoscopic gallbladder drainage for symptomatic gallbladder disease: a cumulative systematic review meta-analysis.
- 5. Teoh AYB, Kitano M, Itoi T, et al. Endosonography-guided gallbladder drainage versus percutaneous cholecystostomy in very high-risk surgical patients with acute cholecystitis: an international randomised multicentre controlled superiority trial (DRAC 1)