#1938: COVID-19 Vaccine Hesitancy among Pregnant Women and Non-Pregnant Adults Who Rely on Social Media for Health Care Information in Cameroon, Africa

Kendall Baecher², Nuwan Gunawardhana¹, Alexander Boutwell¹, Seraphine Pekwarake³, Mirabelle Kifem³, Mary Glory Ngong³, Anthony Fondzeyuf³, Gregory Halle-Ekane⁴, Rahel Mbah³, Pius Tih³, Jodie Dionne-Odom¹, Denis M. Tebit^{5,6,*}

¹Division of Infectious Diseases, Department of Medicine, University of Alabama at Birmingham, Birmingham, Alabama, United States of America; ²School of Medicine, University of Alabama at Birmingham, Alabama, United States of America; ³Cameroon Health Initiative at the University of Alabama at Birmingham (CHI UAB), Birmingham, Alabama, United States of America; ⁴Department of Obstetrics and Gynecology, University of Buea, Buea, Cameroon; ⁵Department of Microbiology, University of Venda, Thohoyandou, South Africa; ⁶Global Biomed Scientific LLC, Forest, Virginia, United States of America

Background

- Uptake of COVID-19 vaccine is limited by accessibility and vaccine hesitancy
- VH is multifactorial but influences include disinformation through social media

Study Goal

To test our hypothesis that frequent users of social media would have higher vaccine hesitancy due to exposure to disinformation in Cameroon in Central Africa.

Methods

- A survey study was conducted at urban and suburban hospital facilities in four of the ten regions of Cameroon between June 1st and July 31st 2021.
- Participants were randomly selected from a convenience sample of pregnant and non-pregnant adults in outpatient clinical settings
- Participants self-reported sociodemographics, perceptions of COVID-19 infection, and interest in vaccination.
- Participants ranked their top two sources of health care information, including social media.
- Bivariate analysis was used to explore the perceptions of infection and vaccination stratified by social media preference with statistical significance set at p<0.05.

Table 1: Participant Characteristics (n=835)

Question	Social Media Top Info Source n=151 n (%) or median [IQR]	Other Top Info Sources n=684 n (%) or median [IQR]	Total n=835 n (%) or median [IQR]	p-value
Median Age in years [IQR]	30 [26-35]	29 [25-35]	29 [25, 35]	0.77
Age Categories				0.346
17-29 30-39 40-49 50+	73 (48.3) 52 (34.4) 17 (11.3) 9 (6.0)	363 (53.1) 222 (32.5) 61 (8.9) 38 (5.6)	436 (52.2) 274 (32.8) 78 (9.3) 47 (5.6)	
Female Gender	118 (78.1)	587 (85.8)	705 (84.4)	0.561
Educational Level	110 (1011)		700 (01.1)	<0.001
None/Primary Secondary University	24 (15.9) 56 (37.1) 71 (47)	127 (18.6) 306 (44.9) 248 (36.4)	151 (18.1) 362 (43.4) 319 (38.2)	
Region and Facility Location Northwest - suburban Southwest - suburban Littoral - urban Center - urban	28 (18.5) 36 (23.8) 50 (33.1) 37 (24.5)	122 (17.8) 139 (20.3) 202 (29.5) 221 (32.3)	150 (18.0) 175 (21.0) 252 (30.2) 258 (30.9)	0.51
Underlying Medical Condition	19 (12.6)	58 (8.5)		
Ever heard of COVID-19	145 (96.0)	647 (94.6)	792 (94.9)	0.423
Have tested for COVID-19? Results Pending Negative Positive	2 (4.3) 39 (84.8) 5 (10.9)	7 (3.8) 158 (86.3) 18 (9.8)	9 (3.9) 197 (86.0) 23 (10.0)	0.363
Know anyone with COVID-19?	49 (32.5)	170 (24.9)	219 (26.3)	0.03
Have you heard of any risks of the COVID-19 vaccine?	50 (39.4)	165 (32.4)	215 (33.8)	0.498
If offered a COVID-19 vaccine today, would you take it?	40 (26.5)	217 (31.7)	257 (30.8)	0.12
If the COVID-19 vaccine was produced in Africa, would you be more likely to take it?	81 (53.6)	360 (52.6)	441 (52.8)	0.541
Would more information on vaccine safety encourage people to be vaccinated? (Yes/Maybe)	70 (53.0)	249 (43.0)	319 (44.9)	0.046





Results

- 18% (151/835) of participants cited social media (SM) as a top source of health care information.
- Health care professionals were cited by 82% as the most trusted source for health information (n=681).
- 31% (257/835) of participants were interested in vaccination
 - Rates did not differ by SM preferences
- More people in the social media group, 53% vs 43% (p=0.046) stated that more information about vaccine safety may help reduce hesitancy.
- Perceived risks of COVID-19 vaccination:
 - death (33%)
 - fetal harm (31%)
 - supernatural reactions (1.4%)
- The SM group was not more likely to site perceived risks of the vaccine (p=0.244).

Conclusions

- Adults who prefer to get health information from social media were not more likely to express vaccine hesitancy.
- Public education campaigns led by healthcare professionals may have the greatest impact on vaccine acceptability based on trusted information sources cited by participants.

Acknowledgements

Research for this project made possible by Cameroon Health Initiative at the University of Alabama at Birmingham (CHI-UAB) affiliate hospitals in Cameroon and frontline healthcare researchers who administered this important survey.