

Trends in Hospital-onset Escherichia coli Infections Resistant to Fluoroquinolones and Extended-spectrum Cephalosporins, 2012-2020

NATIONAL CENTER FOR **EMERGING AND ZOONOTIC INFECTIOUS** DISEASES

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BACKGROUND

Inpatient and outpatient fluoroquinolone (FQ) use has decreased substantially in the last decade; however, the impact of this trend on FQ resistance is less clear. During this period, extended-spectrum β-lactamaseproducing (ESBL) Enterobacterales infections increased. We examined hospital-onset (HO) E. coli clinical culture trends and resistance patterns among hospitalized adult patients in the United States.

METHODS

- We measured prevalence of positive clinical cultures from inpatient encounters in a cohort of hospitals submitting data to PINC AI Healthcare Database from 2012-2020.
- We included *E. coli* cultures with susceptibility testing to FQs and extended-spectrum cephalosporins (ESC)
- Hospital onset was defined as cultures obtained ≥4 days into hospitalization
- **FQ resistance** was defined as non-susceptibility to: • ciprofloxacin, levofloxacin, or moxifloxacin
- **ESC resistance** was defined as non-susceptibility to: • cefotaxime, ceftriaxone, ceftazidime, or cefepime
- **Co-resistance** was defined as non-susceptibility to:
- both ESC and FQ resistance in the same *E. coli* isolate
- Isolates were classified as FQ resistant only (and not ESC), ESC resistant only (and not FQ), coresistant, or neither FQ nor ESC resistant.
- As few as 190 hospitals (in 2012) and as many as 247 hospitals (in 2017) contributed data within a given year
- A total of 706,595 isolates tested positive for *E. coli*

While overall hospital-onset fluoroquinolone (FQ) resistant E. coli infections declined by 12% from 2012-2020, co-resistance with extendedspectrum cephalosporins and FQs increased by 75% during the same period.

Figure 1. Annual Proportion of Hospital-onset E. coli Infections with Selected Antibiotic Resistance Patterns, 2012-2020



Figure 2. Annual Proportion of Selected Antibiotic Resistance Patterns by Gender, 2012-2020

RESULTS

- Overall FQ resistance decreased by 12.3% (from 36.7% in 2012 to 32.2% in 2020) (Figure 1)
- The proportion of HO *E. coli* with only FQ resistance decreased by 39.8%
- However, the overall proportion of HO E. coli infections with co-resistance increased by 75.0% (from 8.8% in 2012 to 15.4% in 2020)
- The overall proportion of HO *E. coli* infections with only ESC resistance increased by 112.5% (from 2.4% in 2012 to 5.1% in 2020)
- Males had a greater increase from 2012 to 2020 in co-resistant E. coli infections compared to the increase seen in females

CONCLUSIONS

These results suggest that declining FQ use has been accompanied by a decrease in overall FQ resistance, but an increase in co-resistant *E. coli*. Increases in FQ and ESC co-resistance may be due to factors including increases in the use of non-FQ antibiotics such as cephalosporins and increased transmission of *E. coli* strains such as ST131 in which co-resistance is prevalent. Antibiotic stewardship across multiple antibiotic classes combined with infection control measures are likely necessary to reduce multidrug resistant E. coli infections.



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• In 2020, about half of FQ-resistant *E. coli* infections had co-resistance with ESC

