

Pediatric Tuberculosis in Mexican Children: A Retrospective Analysis of 100 Patients





Enrique G. Villarreal^{1,2}, MD; Ricardo J. Estrada-Mendizábal¹, MD; Emilia Ramos-Barrera¹, MD; Pablo D. Treviño-Valdez², MD; Oscar Tamez-Rivera^{1,2}, MD

¹ Residencia de Pediatría, Programa Multicéntrico de Especialidades Médicas ITESN-SSNL, Tecnológico de Monterrey, Escuela de Medicina y Ciencias de la Salud, Monterrey, Nuevo León, México ² Hospital Regional de Alta Especialidad Materno Infantil de Monterrey, Monterrey, Nuevo León, México.

Table 1. Frequency by TB Clinical Presentation.

TB presentation	Pulmonary TB	Ganglionic TB	Meningeal TB	Milliary TB	Skeletal TB	Other*	Total
	n	n	n	n	n	n	n
	51	21	14	7	4	3	100

*Other: Pleural and intestinal tuberculosis

Table 2. Epidemiological Characteristics According to TB Clinical Presentation.

TB presentation	Pulmonary TB n (%)	Ganglionic TB n (%)	Meningeal TB n (%)	Milliary TB n (%)	Skeletal TB n (%)	Other n (%)	Total n			
Sex										
Male	27 (53%)	10 (48%)	8 (57%)	5 (71%)	3 (75%)	1 (33%)	54			
Female	24 (47%)	11 (52%)	6 (43%)	2 (29%)	1 (25%)	2 (67%)	46			
Age in years										
$Mean \pm SD$	10.32 ± 4.14	7.76 ± 4.86	5.1 ± 5.17	9.18±5.3	2.5 ± 1.3	11.67 ± 4.16	7.76 ± 1.49			
Age groups										
<1 year	1 (2%)	0 (0%)	4 (29%)	1 (14%)	0 (0%)	0 (0%)	6			
1-4 years	6 (12%)	7 (33%)	4 (29%)	1 (14%)	4 (100%)	0 (0%)	22			
5-12 years	21 (42%)	10 (48%)	4 (29%)	2 (29%)	0 (0%)	1 (33%)	38			
13-18 years	23 (46 %)	4 (19%)	2 (14%)	3 (43%)	0 (0%)	2 (67%)	34			
			Living area							
Urban	38 (75%)	17 (81%)	11 (79%)	6 (86%)	4 (100%)	3 (100%)	79			
Rural	13 (25%)	4 (19%)	3 (21%)	1 (14%)	0 (0%)	0 (0%)	21			
			(Community Bacil	lus Exposure)						
Positive	35 (69%)	8 (38%)	6 (43%)	5 (71%)	2 (50%)	1 (33%)	57			
Negative	16 (31%)	13 (62%)	8 (57%)	2 (29%)	2 (50%)	2 (67%)	43			
			BCG vaccination s	tatus						
Non-vaccinated	21 (41%)	11 (52%)	9 (64%)	4 (57%)	2 (50%)	2 (66%)	49			
Vaccinated	30 (59%)	10 (48%)	5 (36%)	3 (43%)	2 (50%)	1 (33%)	51			
	Maln		to weight-for-age	classification by G	omez et al.)					
Mild (Grade 1)	11 (21%)	7 (33%)	2 (14%)	1 (14%)	0 (0%)	1 (33%)	22			
Moderate (Grade 2)	4 (8%)	2 (10%)	3 (21%)	2 (29%)	0 (0%)	1 (33%)	12			
Severe (Grade 3)	5 (10%)	0 (0%)	1 (7%)	2 (29%)	0 (0%)	0 (0%)	8			
			Outcome (%)							
Cured	29 (57%)	13 (62%)	5 (36%)	1 (14%)	2 (50%)	2 (67%)	52			
Ongoing therapy	19 (37%)	8 (38%)	4 (29%)	4 (57%)	1 (25%)	0 (0%)	36			
Died	3 (6%)	0 (0%)	5 (36%)	2 (29%)	1 (25%)	1 (33%)	12			

Background

- Tuberculosis (TB) is a global health issue and major cause of morbidity and mortality in developing countries. Despite the intense efforts of eradication by the World Health Organization, 1 million children develop the disease annually.
- The **objective of this study** is to define the epidemiological trends of the different clinical presentations of TB in pediatric population.

Methods

- A retrospective, cross-sectional study, carried out at a pediatric hospital in Mexico between 2012-2021. Pediatric patients diagnosed with TB were included.
- Descriptive statistics were performed in order to summarize the **demographic**. clinical and paraclinical characteristics of pediatric patients with TB.
- A Chi-squared univariate analysis was performed to evaluate the association between several variables of interest with mortality.

Results

- A total of **100 patients** were included in this study.
- Pulmonary TB was the most common presentation (51%), followed by ganglionic (21%), meningeal (14%), and milliary (7%) [Table 1].
- A male predominance was observed (54%). Mean age of presentation was 7.8 years \pm 1.5, most lived in urban areas (79%) and had a positive COMBE (57%). Half of the patients had BCG vaccination. Meningeal TB was the most fatal clinical presentation [Table 2].
- Fifty-two patients were successfully cured, 36 patients were receiving antituberculous treatment and fatality rate was of 12%.
- Out of the total sample, fever was the most common sign (65%), followed by cough (56%) and weight loss (37%) [@Table 3].
- The most common sign of meningeal TB were generalized seizures (10/14), fever (10/14), and vomiting (7/14). Brain imaging was performed in all patients with meningeal TB: hydrocephalus (71.4%) and basal arachnoiditis (64.3%) were present. Cerebrospinal fluid analysis was also performed: 11 patients had pleocytosis, 10 had hyperproteinorrhachia, and 10 had hypoglycorrhachia [@Table 4].
- Clinical TB presentation (p=0.009) and immunodeficiency (p= 0.015) were significantly associated with mortality [@Table 5].

Conclusions

- Pediatric TB cases in this referral hospital indicated an equivalent proportion of pulmonary and extrapulmonary TB
- Most of the patients with milliary and meningeal TB were not vaccinated; however, BCG vaccination was not significantly associated with decreased mortality.
- Patients with extrapulmonary forms of the disease and with immunodeficiency were associated with mortality.

Table 3. Signs and symptoms in children according to their clinical presentation of TB.

	Pulmonary TB n (%)	Ganglionic TB n (%)	Meningeal TB n (%)	Milliary TB n (%)	Skeletal TB n (%)	Other n (%)	Total
	51	21	14	7	4	3	100
Fever	36 (70.6%)	10 (47.6%)	9 (64.3%)	6 (85.7%)	2 (50%)	2 (66.7%)	65
Cough	43 (84.3%)	1 (4.8%)	5 (35.7%)	5 (71.4%)	1 (25%)	1 (33.3%)	56
Weight loss	23(45.1%)	3 (14.3%)	5 (35.7%)	4 (57.1%)	0 (0%)	2 (66.7%)	37
Lymphadenopathy	6 (11.8%)	21(100%)	2 (14.3%)	3 (42.9%)	0 (0%)	2 (66.7%)	34
Hyporexia	17 (33.3%)	4 (19%)	5 (35.7%)	2 (28.6%)	0 (0%)	2 (66.7%)	30
Asthenia	14 (27.5%)	3 (14.3%)	6 (42.9%)	2 (28.6%)	0 (0%)	2 (66.7%)	27
Night sweats	3 (5.9%)	3 (14.3%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	6
Fatigue	3 (5.9%)	0 (0%)	3 (21.4%)	0 (0%)	0 (0%)	0 (0%)	6
Hepatomegaly	1 (2%)	0 (0%)	0 (0%)	3 (42.9%)	0 (0%)	1 (33.3%)	5
Splenomegaly	0 (0%)	0 (0%)	0 (0%)	1 (14.3%)	0 (0%)	0 (0%)	1

Table 4. Clinical, radiological and CSF characteristics in meningeal TB.

Table 5. Clinical outcomes of children with TB

gns and symptoms (n=14)	n (%)
Generalized seizures	10 (71.4%)
Fever	10 (71.4 %)
Vomiting	7 (50.0%)
Meningeal signs	6 (42.9%)
Headache	5 (35.7%)
Irritability	5 (35.7%)
Weight loss	5 (35.7%)
Dizziness	4 (28.6%)
Cranial nerve alterations	3 (21.4%)
Other	7 (50.0%)
ain imaging findings (CT or MRI) (n=14)	n (%)
lydrocephalus	10 (71.4%)
Basal arachnoiditis	9 (64.3%)
/asculitis	2 (14.3%)
Fuberculoma	2 (14.3%)
Cerebral edema	2 (14.3%)
Parenchymal infarction	1 (7.1%)
Parenchymal hemorrhage	1 (7.1%)
rebrospinal fluid characteristics (n=13) equency	n (%)
Pleocytosis (>5 cells/microL)	11 (84.6%)
Hyperproteinorrhachia (>60 mg/dL)	10 (76.9%)
Hypoglycorrhachia (<50 mg/dL)	10 (76.9%)
rebrospinal fluid characteristics (n=13) Imerical	Median (IQR)
Cytology (cells/microL)	120 (30-227)
Proteins (mg/dL)	112 (78-576)
Glucose (<50 mg/dL)	25 (16-47)

according to their epidemiological characteristics

Characteristic	Cured (n=52)	Died (n=12)	p-value	To (n=
Presentation			.009*	
Pulmonary TB	29 (56%)	6 (50%)		3
Ganglionic TB	13 (25%)	0 (0%)		1
Meningeal TB	5 (10%)	4 (33%)		
Milliary TB	1 (2%)	2 (17%)		
Skeletal TB	2 (4%)	0 (0%)		
Other	2 (4%)	0 (0%)		
Age (years)			0.174	
<1	1 (2%)	2 (17%)		
1-4	14 (27%)	2 (17%)		1
5-12	19 (37%)	4 (33%)		3
13-18	18 (35%)	4 (33%)		3
Sex			0.447	
Male	28 (54%)	5 (42%)		5
Female	24 (46%)	7 (58%)		4
Location			0.460	
Rural	14 (27%)	2 (17%)		2
Urban	38 (73%)	10 (83%)		7
BCG status			0.2	
Yes	28 (54%)	4 (33%)		3
No	24 (46%)	8 (66%)		3
Immunodeficiencya			0.015*	
Yes	4 (8%)	4 (33%)		
No	48 (92%)	8 (67%)		5