كليفلاند كلينك أبوظبي EVALUATION OF A PHARMACIST-LED PENICILLIN ALLERGY SCREENING PROTOCOL IN A TERTIARY CARE HOSPITAL

Salma Alzaabi, B.Pharm, Rania El Lababidi, PharmD., Wasim El Nekidy, PharmD., Mohamed Hisham, PharmD., Rama Nasef, PharmD., Fulvio Salvo, M.D.

Table 1. Baseline Characteristics of Pre-protocol Implementation & Post-protocol

Background

 Although penicillin allergy is commonly reported, less than 1% of the population are truly allergic to penicillin. False penicillin allergy labelling may be associated with suboptimal antibiotic selection, greater costs, and higher prevalence of antibiotic-resistant organisms.

Objective

To evaluate outcomes of implementing a pharmacist-led penicillin-allergy screening protocol on the antibiotic prescribing habits and the appropriateness of selecting first line antimicrobial therapy.

Method

- A retrospective, quasi-experimental study included 97 patients with suspected or confirmed common infections. Data was collected between January 2020 to August 2021 for the pre-protocol implementation group (PPG) and between November 2021 to April 2022 for the post-protocol implementation group (PPI) Adults (> 18 years) with a documented penicillin allergy were included.
- Patients with penicillin allergy were identified and interviewed by our Emergency Department (ED) clinical pharmacists using an evidence-based algorithm. Data were analyzed using two-sample Student's t-test and descriptive statistics.

Implementation Groups					
	Pre-protocol implementation group (PPG) (N=51) Mean ± SD or n (%)	Post-protocol implementation group (PPI) (N=46) Mean ± SD or n (%)	P value		
Age	62.9 ± 17.63	53.26 ± 16.65	0.0035		
Female gender	30 (58.8)	27 (58.7)	0.9898		
History of multiple comorbidities	34 (66.7)	19 (41.3)	0.0139		
History of previous beta-lactam tolerance	31 (60.8)	22 (47.8)	0.2036		
IgE mediated reaction	19 (37.3)	14 (30.4)	0.4807		
Abbreviations: IgE, immunoglobulin E					

Table 2. Antibiotics Prescribed in the Pre-protocol Implementation and Postprotocol Implementation Groups

	Pre-protocol implementation group (PPG) (N=51) n (%)	Post-protocol implementation group (PPI) who received antibiotics (N=38) n (%)	P value
Ciprofloxacin	14 (27.5)	7 (18.4)	0.32
Moxifloxacin	9 (17.6)	0 (0)	0.008
Ertapenem	2 (3.9)	1 (2.6)	0.74
Meropenem	4 (7.8)	5 (13.2)	0.41
Cefepime	5 (9.8)	4 (10.5)	0.91
Piperacillin-tazobactam	3 (5.9)	4 (10.5)	0.42
Vancomycin	8 (15.7)	3 (7.9)	0.27
Clindamycin	5 (9.8)	7 (13.2)	0.24
Aztreonam	8 (15.7)	2 (5.3)	0.13

Results

- Fifty-one patients in PPG and 46 in PPI. In the PPG, 60.8% (31/51) had a history of beta-lactam tolerance and 26% (8/31) tolerated at least a penicillin derivative previously. While, twenty-two patients (47.8%) in the PPI tolerated betalactams and 50% (11/22) tolerated at least one penicillin derivative.
- Thirty-eight patients (82.6%) had a documented infection in the PPI and received an antibiotic. The use of Moxifloxacin was significantly lower in the PPI vs the PPG, 0% (0/38) vs 17.6 (9/51) respectively, (P=0.008). However, the use of ciprofloxacin, vancomycin, and aztreonam was lower in the PPI vs the PPG but was not statistically significant.
- Antibiotic therapy appropriateness was higher in the PPI as compared to the PPG, 86.8% (33/38) vs 49% (25/51) respectively, (P=0.0004). In the PPI, documented penicillin allergies were delabeled in 23.9% (11/46) of patients.

Conclusion

 We observed higher rates of appropriate first line antibiotic therapy selection postimplementation of the pharmacist led penicillin allergy screening protocol. This could be an effective strategy to optimize antimicrobial therapy in the hospital setting.

