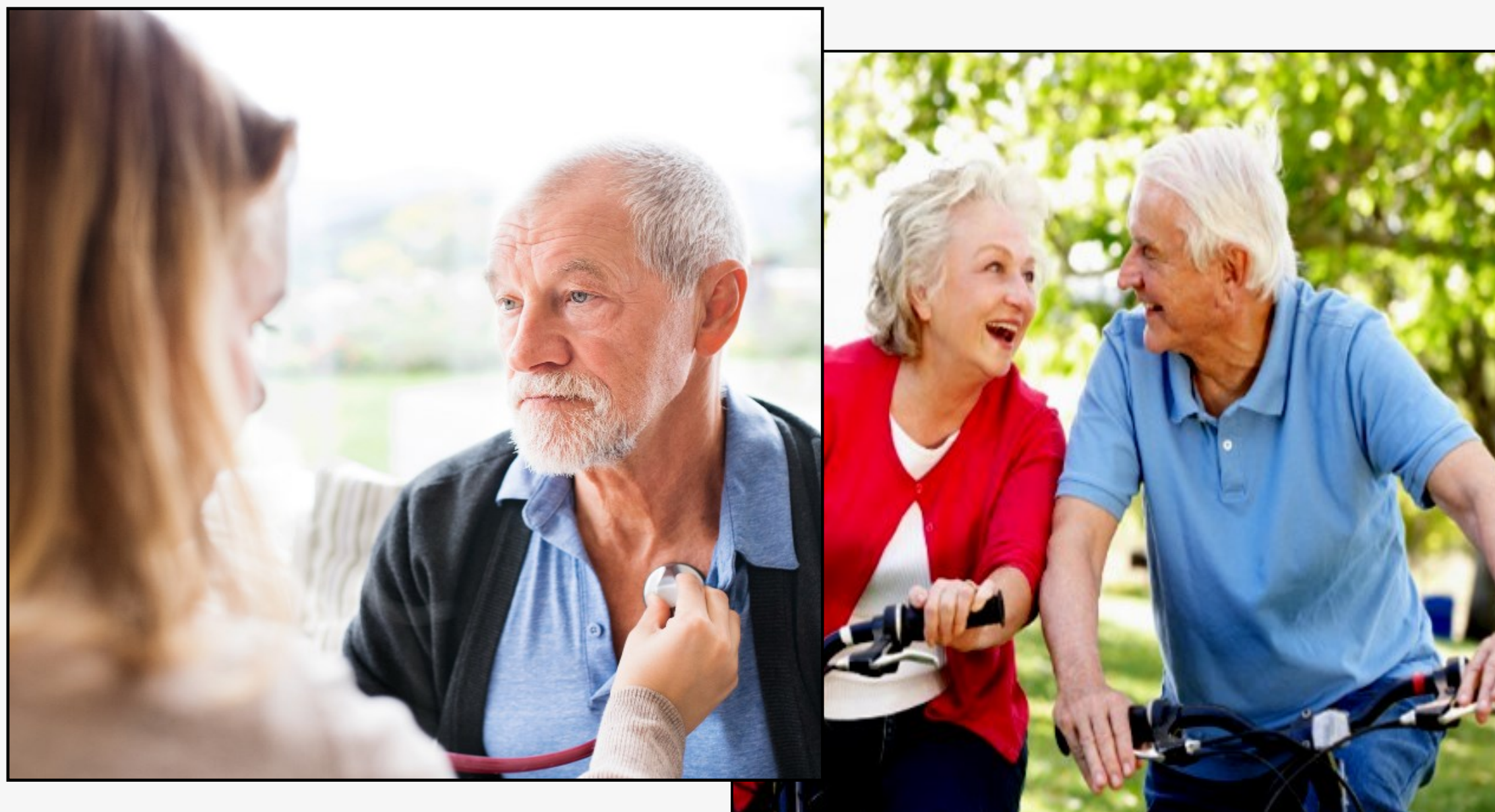
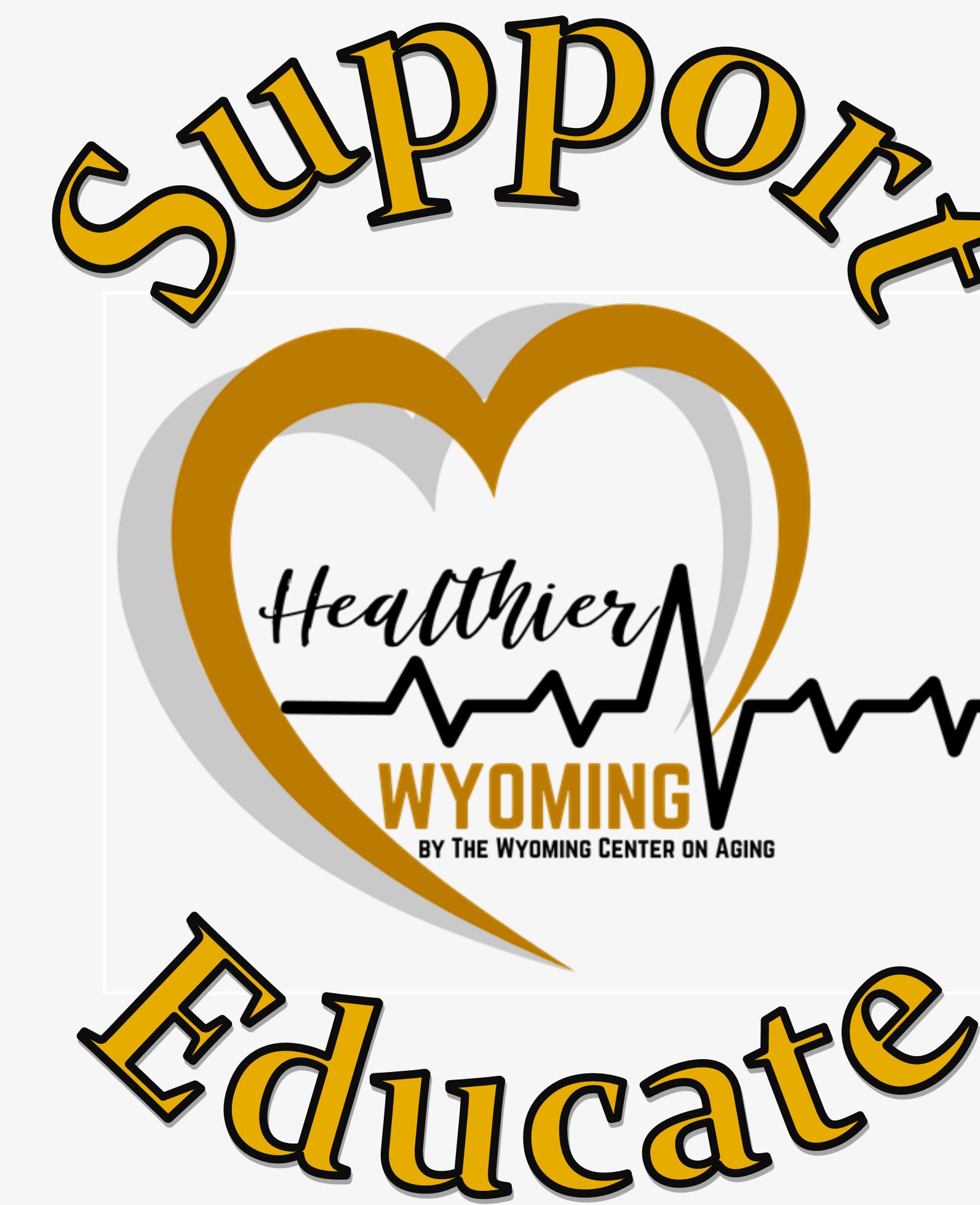


# Building Partners - Moving Wyoming Forward - Together



## Diabetes Self - Management

- ♦ Promoting awareness of our recognized programs and resources in our rural communities.
- ♦ Providing marketing and media support to increase referrals.
- ♦ Purchase of continuing education bundle from ADCES for DSME sites and staff.
- ♦ Continuing support for ADCES - Wyoming Coordinating Body.
- ♦ Providing technical support for the development, implementation, education and sustainability of programs.



## Diabetes Prevention

- ♦ Providing development and implementation support to our community based programs throughout Wyoming.
- ♦ University's Health Science Centers sponsored DPP bring both virtual and in-person classes.
- ♦ The purchase of Advance Lifestyle Coach continuing education presentations from ADCES.
- ♦ Support from WyCOA's media and marketing department to increase referrals.

## Chronic Disease Self - Management

- ♦ Our Health U program provides virtual and in-person platforms, with an evidenced-based self-management program for care givers and people with chronic health conditions.
- ♦ Healthy U is available to participants all across Wyoming.
- ♦ This program improves access to education in our underserved areas with limited access to primary care.



Wyoming Center on Aging  
healthierwyo@uwyo.edu  
(307) 766-2829

Visit: [www.uwyo.edu/healthierwyo](http://www.uwyo.edu/healthierwyo)



## Heart Disease Prevention

- ♦ Supporting the Healthy Heart Ambassador Programs to promote improved Self Monitoring Blood Pressure outcomes.
- ♦ Providing Cardiovascular and Lipid education focused towards our clinicians, educators and support staff.
- ♦ Promoting ongoing awareness for the risks of uncontrolled blood pressure.