

Proposal to Reduce Perioperative Nursing Turnover and Vacancy



Leslie A. Petruzzelli, DNP, MBA, RN, CNOR, NE-BC and Andrea Shavnore, MSN, RN, CNOR Surgical Services Department, North Kansas City Hospital North Kansas City, MO

Summary

- To sustain and grow a viable perioperative workforce, a paradigm shift is required in the preparation for independent practice of newly employed perioperative nurses..
- We developed and implemented a rigorous program to prepare experienced operating room nurses in their roles as preceptors and mentors of new members to the perioperative nursing team
- Program is designed to prepare for the safe and successful transition of new nurses into the perioperative environment
- Additionally, the program leverages the expertise and proficiency of more experiences nurses and formalizes the preparation and enhanced of preceptors
- Thereby creating a well-prepared perioperative team with more engaged and satisfied nurses thus reducing staff turnover.

Background

- National turnover rate for Registered Nurses just below 19%
- Increase in nursing shortages is at 9.9%
- Projected to increase over the next 10-15 years as 50% of the nursing workforce is over the age of 50
- The average cost of turnover for a registered nurse is just over \$40,000, with specialty nursing at an even higher rate.

Our Facility:

- North Kansa City Hospital (NKCH) is a 481bed not-for-profit, Level 2 Trauma Center, community facility located 5 miles north of downtown Kansas City, MO
- 24 operating rooms
- 63 RN FTEs and 26 Surgical Technologists in the Perioperative Division



Figure 1. Nursing Turnover

A. Kansas City Regional Nursing Turnover

Registered Nurses 18.5% Turnover rate 14% Vacancy rate Surgical Technologist 14.8% Turnover rate 16.5 % Vacancy rate

B. NKCH Perioperative Nursing Turnover previous 12 months

Last 12 Months Turnover Data in Perioperative Services

ı	Role	Terminated	Hired
	Registered Nurse	4	11
	Surgical Techs	6	4

Current Perioperative Openings

į	Role	Openings
	Registered Nurse	6
į	Surgical Techs	3

Figure 2. Orientation Schedules

Nursing Inpatient Onboarding Training Example Timeline

Orientation weeks	Shifts per week	Total number of Orientation Shifts w/preceptor		
12	3	36		
Table 1				

Perioperative Nurse Orientation Timeline

EXPERIENCED Perioperative Nurse Onboarding Training Example Timeline

Orientation weeks	Shifts per week	Total number of Orientation Shifts w/ preceptor
10	5	50
xperienced Nurse with No	Perioperative Experience Orient	ation
Orientation weeks	Shifts per week	Total number of Orientation Shifts
26	5	130 w/preceptor
IOVICE NURSE Perioperati	ve Orientation	
Orientation weeks	Shifts per week	Total number of Orientation Shifts
26-52	5	130-260 w/preceptor
	Table 2	

Figure 3. NKCH Perioperative Orientation & Implementation



Precepted Shifts in Perioperative Services over the past 12 months

Role	Precepted Shifts	Precepted Hours	Proposed Compensation	Total Proposed Compensation/Role/year
Registered Nurses	616	5,224	\$5,224.00	\$5,224.00*
Surgical Techs	176	1,408	\$1408.00	\$1,408.00*
Total Shifts/Total	450	6,632.00		\$6,632.00Annual cost

^{*}Based on a precepted shift of 8 hours with a 1.00-hour preceptor compensation

Key Drivers of Success

Preceptor Responsibilities

- Provides foundations of perioperative knowledge
- Serves as mentor, role model, advisor and resource
- Evaluates the progress of the orientee
- Introduction of social/cultural aspects
- Assist new RNs to assimilate as a team member
- All preceptors will be required to go through the AORN preceptor program
- Potential preceptors will be interviewed by the educator to insure necessary experience in Operating Room nursing
- Preceptors must have attained their CNOR Benefits to Preceptor
- Personal enrichment and satisfaction derived from positive contributions to nursing profession
- Enhanced professional reputation and development
- Compensation reflective of commitment to education

References

- Amirehsani, K., Kenedy-Malone, L., & Alam, T. (2019). Supporting preceptors and strengthening academic practice partnerships: Preceptors' perceptions. The Journal for Nurse Practitioners, 15(8). https://doi.10.1016/j.nurpra.2019.04.011
- Association of PeriOperative Registered Nurses (AURN, 2021). https://www.aorn.org/education/facilisolutions/periop-101/course-outcomes#OR extracted 7/26/2020
- Association of PeriOperative Registered Nurses (AORN), (2018). AORN position statement on orientatic
 of the registered nurse and surgical technologist to the perioperative setting. https://www.aorn.org//media/aorn/guidelines/position-statements/posstat orientation 2018.pdf
- Gardenier, D., Arends, R. & Selway, J. (2019). Should preceptors be paid? The Journal for Nurs Practitioners, 15. https://doi.org/10.1016/j_nurpra_2019.06.007
- Williams, J. (2021). 2021 MHA workforce survey: Kansas City workforce investment area. [PowerPoint slides]. Missouri Hosoital Association
- is. NSI Nursing Solutions, Inc. (2021). 2021 NSI national health care retention and RN staffing report.
- 7. Rosenberg, K. (2019). RN shortages negatively impact patient safety. *The American Journal of Nursing*
- 8. Shaffer, F., & Curtin, L. (2020). Nurse turnover: Understand it, reduce it. American Nurse Journal
- 9. Sherrod, D., Holland, C., & Battle, L. (2020). Nurse preceptors: A valuable resource for adapting staff to change. Nursing Management. https://doi.org/10.1097/01.NUMA.0000654876.89427.e0
- Wilson, G. (2012). Redesigning OR orientation. Association of PeriOperative Registered Nurses, 95(4).
 453-462. https://doi.org/10.1016/j.aorn.2012.01.022